

Shakatak-Plus One

拍数: 40 墙数: 2 级数: Improver
编舞者: Clive M Looker (UK)
音乐: Ciega, Sordomuda - Shakira



CHASSE RIGHT, CROSS ROCK, CHASSE LEFT, CROSS ROCK

1&2 Step right foot to right, slide left along side right, slide right to right
3 Step left foot across right foot, (rocking forward)
4 Recover
5&6 Step left foot to left, slide right foot along side left, slide left foot to the left
7 Step right foot across left foot, (rocking forward)
8 Recover

WALK FORWARD, JAZZ BOX

1-2-3-4 Starting with your right foot walk forward, right, left, right, left
5-6 Cross right foot in front of left foot, step back on left
7-8 Step right foot to right side bring left foot along side right

TWO SHUFFLE LOCKS, ½ TURN, STOMP, STOMP

1-2 Slide forward on right, lock left behind right, slide forward on right
3-4 Slide forward on left, lock right behind left, slide left forward
5-6 Forward on right, ½ turn
7-8 Stomp right, stomp left, (clap hands above head on each stomp)

½ TURN, STOMP, STOMP, TWO SHUFFLE LOCKS

1-2 Forward on right, ½ turn
3-4 Stomp right, stomp left, (clap hands above head on each stomp)
5-6 Slide forward on right, lock left behind right, slide forward on right
7-8 Slide forward on left, lock right behind left, slide left forward

½ TURN, STOMP, STOMP, ¼ TURN STOMP, STOMP

1-2 Step forward on right, ½ turn
3-4 Stomp right, stomp left, (clap hands above head on each stomp)
5-6 Step forward right, ¼ turn to left
7-8 Stomp right, stomp left, (clap hands above head on each stomp)

REPEAT
