

Shaka Samba

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Henry Damen (NL)
音乐: Ciega, Sordomuda - Shakira



STEP FORWARD, FULL TURN, RIGHT SHUFFLE, ¼ TURN ROCK, LEFT CROSS SHUFFLE

1-2 Step forward left, make full turn right crossing right foot across left shin (leave toe on floor)
3&4 Right shuffle forward on right, left, right
5-6 Rock forward on left, make ¼ turn right rocking back on right
7&8 Cross shuffle left over right, left, right, left

ROCK RECOVER, BEHIND ¼ TURN LEFT FORWARD, SIDE ROCK, LEFT CROSS SHUFFLE

9-10 Rock right side right, recover on left
11&12 Step right behind left, step left ¼ turn left, step forward right
13-14 Rock left side left, recover on right
15&16 Cross shuffle left over right

ROCK, RECOVER, RIGHT CROSS SHUFFLE, ROCK, RECOVER, SYNCOPATED CROSS ROCKS

17-18 Rock right side right, recover on left
19&20 Cross shuffle right over left
21-22 Rock left side left, recover on right
23&24 Cross rock left over right, recover on right, step left side left

SYNCOPATED CROSS ROCKS, FULL TURN

25&26 Cross rock right over left, recover on left, step right side right
27&28 Cross rock left behind right, recover on right, step left side left
29&30 Cross rock right behind left, recover on left, step right ¼ turn right
31-32 On ball of right make ½ turn stepping back left, on ball of left make ½ turn stepping forward right

REPEAT
