

Shaggin

拍数: 48 墙数: 1 级数:
编舞者: Evelyn Young (USA)
音乐: Dancin', Shaggin' On the Boulevard - Alabama



FORWARD LOCK, TRIPLE STEP

- 1 Step forward on right on a 45 degree angle
- 2 Slide left up behind and to right side of right foot
- 3&4 With feet still crossed step right-left-right (triple)
- 5 Step forward on left on a 45 degree angle
- 6 Slide right up behind and to left side of left foot
- 7&8 With feet still crossed step left-right-left

VINE RIGHT, TRIPLE STEP, ROCK STEP, ½ TURN TRIPLE

- 9-10 Right step side right, left step behind
- 11&12 Traveling to right side, triple right-left-right
- 13-14 Rock back on left, forward on right
- 15&16 Step forward on left beginning ½ turn to right stepping right-left (triple)
- 17-24 Repeat counts 9-16

LOCK STEPS BACK RIGHT, TRIPLE

- 25 Step back right on a 45 degree angle
- 26 Slide left in front of right and to right side of right (lock step) (angle body to right)
- 27&28 Triple back on 45 degrees right-left-right traveling backwards
- & Pivot back to center on right foot, turning left (facing 12:00 wall)

LOCK STEPS BACK LEFT, TRIPLE

- 29 Step back left on a 45 degree
- 30 Slide right in front of left and to left side of left (lock step) (angle body to left)
- 31&32 Triple back on a 45 degree left-right-left traveling backwards

RIGHT HIP BUMPS, LEFT HIP BUMPS, POINT STEP, POINT STEP (TAKE SMALL STEPS)

- 33&34 Step forward on right bump hips right-left-right (angle body 45 degrees to left)
- 35&36 Step forward on left bump hips left-right-left (angle body 45 degrees to right)
- 37-38 Point right toe to side right, step next to left, take weight
- 39-40 Point left toe to side left, step next to right, take weight

RIGHT HIP BUMPS, LEFT HIP BUMPS, POINT STEP, POINT STEP (TAKE SMALL STEPS)

- 41&42 Step forward on right bump hips right-left-right (angle body 45 degrees to left)
- 43&44 Step forward on left bump hips left-right-left (angle body 45 degrees)
- 45-46 Point right toe to side right, step next to left, take weight
- 47-48 Point left toe to side left, step next to right, take weight

REPEAT
