

Shag'n

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Violet Ray (USA)
音乐: Dancin', Shaggin' On the Boulevard - Alabama



CROSSOVERS WITH FULL TURNS

- 1 Cross left foot over right foot
- 2 Rock back on right foot
- 3&4 Full turn to left, step left-right-left
- 5 Cross right foot over left foot
- 6 Rock back on left foot
- 7&8 Full turn to right, step right-left-right

FRONT BREAK -- BACK BREAK

- 1 Step forward with left foot
- 2 Rock back on right foot
- 3&4 Moving back - step left-right-left
- 5 Step back with right foot
- 6 Rock forward on left foot
- 7&8 Moving forward, step right-left-right

SIDE BREAKS

- 1 Step left foot out to left side
- 2 Rock back on right
- 3&4 Turning half, facing back (going right), step left-right-left
- 5 Step right foot out to right side
- 6 Rock back on left
- 7&8 Turning half, facing front (going left), step right-left-right

CHA-CHA STEPS MOVING FORWARD

- 1&2 Moving forward, step left-right-left
- 3&4 Moving forward, step right-left-right

LOCK STEPS MOVING BACK

- 1 Step back with left foot
- 2 Drag right foot crossing over left
- 3&4 Moving back, step left-right-left
- 5 Step back with right foot
- 6 Drag left foot crossing over right
- 7&8 Moving back, step right-left-right

CHA, CHA STEPS MOVING FORWARD WITH ¼ TURN LEFT

- 1&2 Moving forward, step left, right, left
- 3 Step forward with right foot
- & Turn ¼ to left on left foot
- 4 Step on right foot

REPEAT