

Shadows

拍数: 32 墙数: 2 级数: Beginner
编舞者: Norma Hull (AUS)
音乐: Shadows In the Night - Scooter Lee



RIGHT CROSS ROCK, RIGHT SIDE SHUFFLE - LEFT CROSS ROCK, LEFT SIDE SHUFFLE

1-2 Rock right across left, rock back onto left
3&4 Side shuffle to the right stepping right-left-right
5-6 Rock left across right, rock back onto right
7&8 Side shuffle to the left stepping left-right-left

RIGHT STEP/LOCK/STEP SCUFF - LEFT STEP/LOCK/STEP SCUFF

1-2 Step forward on right, lock left behind right
3-4 Step forward on right, scuff left
5-6 Step forward on left, lock right behind left
7-8 Step forward on left, scuff right

RIGHT BOX STEP WITH ¼ TURN RIGHT - RIGHT MONTEREY TURN

1-2 Step right across left, step back on left
3-4 Turning ¼ right step right to right side, step left beside right
5-6 Point right to right side, while turning ½ right step right beside left
7-8 Point left to left side, step left beside right

RIGHT & LEFT HEEL/TOE STRUTS, FORWARD ¼ PIVOT TURN LEFT, STOMP RIGHT-LEFT

1-2 Place right heel forward, slap right toes down
3-4 Place left heel forward, slap left toes down
5-6 Step right in front of left & pivot ¼ turn left (keeping weight on left)
7-8 Stomp right in place, stomp left beside right

REPEAT
