

Shadows

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Deb Crew (CAN)
音乐: Shadows In the Night - Scooter Lee



This song starts with a short drum roll and 32 beat musical intro where Scooter comes in singing "Shadows In The Night". Start the dance when Scooter sings the word "Night"

¼ TURN RIGHT, HOLD, ½ TURN LEFT, HOLD, ½ TURN RIGHT, STEP TOGETHER, STEP FORWARD, HOLD

- 1 Step ¼ turn right onto right foot
- 2 Hold position
- 3 Step ½ turn to the left onto left foot
- 4 Hold position
- 5 Step ½ turn to the right onto right foot
- 6 Slide and step left foot beside right foot
- 7 Step right foot forward
- 8 Hold position

ROCK-STEP, COASTER-STEP, ROCK-STEP, COASTER-STEP

- 9 Rock forward on left foot
- 10 Step in place on right foot
- 11 Step back on left foot
- & Quickly step right foot back beside left foot
- 12 Step forward on left foot
- 13 Rock forward on right foot
- 14 Step in place on left foot
- 15 Step back on right foot
- & Quickly step left foot back beside right foot
- 16 Step forward on right foot

¼ TURN LEFT, HOLD, ½ TURN RIGHT, HOLD, ½ TURN LEFT, STEP TOGETHER, STEP FORWARD, HOLD

- 17 Step ¼ turn left onto left foot
- 18 Hold position
- 19 Step ½ turn right onto right foot
- 20 Hold position
- 21 Step ½ turn left onto left foot
- 22 Slide and step right foot beside left foot
- 23 Step left foot forward
- 24 Hold position

ROCK-STEP, COASTER-STEP; ROCK-STEP, COASTER-STEP

- 25 Rock forward on right foot
- 26 Step in place on left foot
- 27 Step back on right foot
- & Quickly step left foot back beside right foot
- 28 Step forward on right foot
- 29 Rock forward on left foot
- 30 Step in place on right foot
- 31 Step back on left foot

& Quickly step right foot back beside left foot
32 Step forward on left foot

SIDE-STEP, HOLD, SIDE-STEP, HOLD, ¼ TURN, HOLD, TOGETHER-FORWARD, HOLD

33 Side step right on right foot
34 Hold position
& Quickly slide and step left foot beside right foot
35 Step side right on right foot
36 Hold position
37 Step ¼ turn left onto left foot
38 Hold position
& Quickly slide and step right foot beside left foot
39 Step forward on left foot
40 Hold position

STEP, ¼ TURN, STEP, ¼ TURN, ROCK

41 Step right foot forward
42 Step ¼ turn to the left onto left foot
43 Step right foot forward
44 Step ¼ turn to the left onto left foot
45 Rock forward onto right foot
46 Step back in place on left foot
47 Rock back onto right foot
48 Step forward in place on left foot

REPEAT
