

# Shadow Cha

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Mark Cosenza (USA)  
音乐: Shadow & Jimmy - Was Not Was



## TOUCH STEP TURN ¼ RIGHT, KICK & TOUCH, SWEEP ¼ LEFT

- 1            Touch side left
- 2-3        Step left next to right, pivot ¼ right (weight should remain on left) and pop right knee forward
- 4&5        Kick right forward, step right down, touch side left
- 6-7        Pivoting ¼ left, sweep left back and step behind right foot

## RIGHT SHUFFLE, TOUCH & DRAG, LEFT SHUFFLE, TOUCH & DRAG, ROCK & RECOVER

- 8&1        Step forward right, left, right
- 2-3        Leaning your shoulders to the right, touch side left and slowly drag to right as your shoulders move back in place
- 4&5        Step forward left, right, left
- 6-7        Leaning your shoulders to the left, touch side right and slowly drag to left as your shoulders move back in place
- 8&        Rock right forward, recover onto left

## ½ TURN PIVOT, ROCK RECOVER, CROSS SHUFFLE, TOUCH AND STEP, LEFT HEEL JACK

- 1            Pivot ½ turn right stepping onto right
- 2-3        Rock side left, recover onto right
- 4&5        Cross left over right, step right behind left, cross left over right
- 6            Touch right side right
- 7            Touch right next to left
- 8&        Step back on right, touch left heel forward

## STEP & TOUCH, TOUCH & CROSS, LEFT KICK BALL CROSS & UNWIND, KICK & TOUCH

- &1        Step down on left, touch right toe inward to left
- 2-3        Touch right side right, step right forward and across left
- 4&5        Kick left foot diagonal forward, step down on ball of left, cross right over left
- 6-7        Slowly unwind ¾ turn left slightly bending knees
- 8&        Kick right forward, step right down

## REPEAT

There is a false ending towards the very end of the song which occurs at about count 11 where the music breaks with the exception of a long drum roll. Continue the dance as normal and you should be at count 16 when the music picks up again.