

The Shade

拍数: 40 墙数: 4 级数: Improver
编舞者: Teresa Lawrence (UK) & Vera Fisher (UK)
音乐: The Shade - Joe Nichols



SAILOR RIGHT, SAILOR LEFT PIVOT ½ TURN PIVOT ½ TURN

1&2 Sailor right
3&4 Sailor left
5-6 Step forward right pivot ½ turn left
7-8 Step forward right pivot ½ turn left (12:00)

RIGHT LOCK & LEFT LOCK &, PIVOT ½ TURN WALK WALK

1-2& Step forward right, lock left behind right, step forward on right
3-4& Step forward left, lock right behind left, step forward on left
5-6 Step forward right, turn half turn left
7-8 Walk forward right left

CHASSE RIGHT SIDE, BACK ROCK REPLACE, KICK BALL CHANGE, KICK BALL CHANGE

1&2 Chasse right to right side
3-4 Rock back on left, replace weight on right
5&6 Kick ball change left
7&8 Kick ball change left

ROCK ¼ TURN RIGHT, SHUFFLE FORWARD RIGHT, ROCK AND COASTER STEP

1-2 Rock left to left side, turn ¼ turn right, stepping right
3&4 Shuffle forward left
5-6 Rock forward right replace weight on left
7&8 Coaster right

ROCK REPLACE, TURNING ½ TRIPLE, TURNING ½ TURN TRIPLE, COASTER STEP

1-2 Rock forward left, replace weight on right
3&4 Triple ½ turn left
5&6 Triple ½ turn left
7&8 Coaster step left

REPEAT
