# Sha-La-La-La



编舞者: Stuart Poindexter (USA) 音乐: Shalala Lala - Vengaboys



### STEP LEFT, TOGETHER, STEP LEFT, CLAP-CLAP-CLAP, STEP RIGHT, BEHIND, RIGHT

1-3 Step left to left side, step right next to left, step left to left side

4&5 Clap 3 times

6-8 Step right to right side, step left behind right, step right to right side

## HEEL TAPS, HEEL FORWARD, CLAP, TOE BEHIND, CLAP

9-12 Tap left heel in front and replace, tap right heel in front and replace

Tap left heel in front, hold and clap
Tap left toe behind, hold and clap

#### WALK-WALK TURN, SLAP-SLAP, STEP BACK RIGHT-LEFT

Walk forward left, walk forward right, pivot ¼ turn left on balls of both feet

With head turned to look at front wall, slap right hip 3 times with both hands

During chorus replace hip slaps on counts 20&21 by slapping rear of dancer in front of you.

22-24 Pivot ¼ turn right on balls of both feet, walk back on right foot, tap left next to right

#### HEEL TAP LEFT HEEL TAP RIGHT, PIVOT TURN, PIVOT TURN

25-28 Tap left heel in front and replace, tap right heel in front and replace

29-30 Step left foot in front, pivot ½ turn right 30-32 Step left foot in front, pivot ½ turn right

Optional hand movements on counts 29-30 and 31-32: tuck heels of hands under armpits with fingers pointing forward and press elbows forward while pivoting.

#### REPEAT