

Sexy Ways

拍数: 48 墙数: 4 级数: Improver
编舞者: Thomas Haynes (USA)
音乐: Meet Me With Your Black Drawers On - Luther "Guitar Jr." Johnson and the Magic Rockers



WALKING IN A ½ CIRCLE TURN LEFT

1-2 Touch right heel forward, step down on ball of right
3-4 Touch left heel ¼ turn left; step down on ball of left
5-6 Touch right heel forward, step down on ball of right
7-8 Touch left heel ¼ turn left, step down on left

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-4 Step to right on right, cross left behind right, step out on right, touch left next to right
5-8 Step to left on left, cross right behind left, step out on left, touch right next to left

HIP BUMPS FORWARD, SHUFFLE ½ TURN RIGHT, SHUFFLE BACK, ROCK RECOVER

1&2 Right step forward bumping hips forward, back, forward
3&4 Shuffle forward left-right-left turning ½ turn right
5&6 Shuffle back right-left-right
7-8 Rock back on left, recover on right

CROSS TOE STRUTS FORWARD

1-2 Left toe touch forward in front of right, drop left heel down
3-4 Right toe touch forward in front of left, drop right heel down
5-6 Repeat steps 1-2
7-8 Repeat steps 3-4

JAZZ BOX ¼ TURN LEFT, JAZZ BOX ¼ TURN RIGHT

1-2 Cross left in front of right, step back on right
3-4 Step left ¼ turn left, scuff right
5-6 Cross right in front of left, step back on left
7-8 Step right ¼ turn right, scuff left

STEP FORWARD LEFT, RIGHT BODY ROLL, SHUFFLE RIGHT, SHUFFLE LEFT TURNING ¼ TURN LEFT

1-2 Step slight diagonal forward on left, step slight diagonal forward on right (feet should be about shoulder width apart)
3-4 Roll body from right to left
5&6 Shuffle forward right-left-right
7&8 Turn ¼ turn left shuffle forward left-right-left

REPEAT
