

Sexy Stir Fry

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Guyton Mundy (USA) & Christopher J. Spicer (USA)
音乐: Memphis Women & Chicken - T. Graham Brown



STEP, STEP, SAILOR, TRIPLE, TOUCH, BACK STEP

1-2 Step forward on right, step forward on left
3&4 Step right behind left, step together with left, step right forward
5&6 Step left back, step together with right, step forward on left
7-8 Touch right forward, step back on right

½ TURN, STEP, SAILOR, SYNCOPATED GRAPE, TOUCH WITH ¼ TURN

1-2 Make ½ turn to the right, step forward on left
3&4 Step right behind left, step together with left, step right forward
5&6 Step left behind right, step right to right side, step left in front of right
7-8 Step right to right side, touch left beside right with a ¼ turn to the left

TURN STEP, LOCK, STEP, SCUFF (TWICE)

1-2 Step forward on left, lock right behind
3-4 Step forward on left, scuff right forward
5-6 Step forward on right, lock left behind
7-8 Step forward on right, step left beside right

BACK STEP HOLD, BACK STEP ½ TURN, SHUFFLE, STEP, STEP

1-2 Step right behind left, hold
3-4 Step left behind right, make ½ turn to the left
5&6 Shuffle forward right, left, right
7-8 Step forward left, step forward on right

STEP, ¾ TURN SAILORS, WALKS, TOUCH

1 Step left to left side
2&3 While doing a ¼ turn to the left, step right behind left, step together with left, step forward on right
4&5 While doing a ½ turn to the left, step left behind right, step together with right, step forward on left
6-7 Walk forward right, left
8 Touch right to left

SIDE STEP, BUMPS, WALK BACKS

1-2 Step right to side, while bumping hips to right, left
3-4 Bump hips, right, left
5-6-7-8 Walk back right, left, (twice)

SCUFFS, HITCH, TOUCH, ROCKS

1&2 Scuff right forward, scuff right crossing back over left, scuff right forward
&3-4 Scuff right back, scuff right forward, step forward on right
5-6 Scuff left forward, rock forward on left
7-8 Rock back on right, shift weight to left

STEP, SIDE SLIDES, ¼ TURN, TOUCH, SHOULDER BUMPS, STEP

1-2 Step right to right side, hold
&3-4 Step left to right, step right to right side, hold

&5-6
7&8

Step left to right, step right to right side, make a $\frac{1}{4}$ turn to the left touching left to right
Shrug shoulders right, left, right., stepping down on left on 8

REPEAT
