

Sexbomb!

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Annie-Way.dk (DK)
音乐: Sex Bomb - Tom Jones



Sequence: AB, Tag, ABB, ABB and in the end: make shimmy shoulders to step touch start with right foot

PART A

FUNKY VINE RIGHT /LEFT

1-2 Step right foot to the right, step left behind right
3-4 Step right foot to the right, touch left next to right
5-6 Step left foot to the left, step right behind right
7-8 Step left foot to the left, touch right next to right

VAUDEVILLES RIGHT /LEFT

9-10 Step right foot to the right, left heel diagonally forward
11-12 Step left foot in place, step right foot next to left
13-14 Step left foot to the left, right heel diagonally forward
15-16 Step right foot in place, step left foot next to right

WALK X 3 STEP FORWARD/BACK

17-20 Walk forward right, left, right, touch left & clap hands
21-24 Walk backward left, right, left, touch right & clap hands

½ PIVOT TURN LEFT TWICE, HIP BUMPS, ¼ PIVOT TURN RIGHT

25-26 Step forward on right foot, pivot ½ left turn
27-28 Repeat 25-26
29-30 Hip bumps right, left
31-32 Step forward ¼ turn to the right, step left next to right

WALK FORWARD, ROCK RECOVER, TRIPLE ½ TURN LEFT (MAKE ATTITUDE WITH ARMS)

33-34 Walk forward right, left
35-36 Walk forward right, touch left next to right
37-38 Rock forward left, recover right
39&40 Triple ½ turn left, stepping right, left, right

WALK FORWARD, ROCK RECOVER, TRIPLE ½ TURN LEFT (MAKE ATTITUDE WITH ARMS)

41-48 Repeat 33-40

CHASSE RIGHT, CROSS ROCK LEFT, CHASSE LEFT, CROSS ROCK RIGHT

49&50 Step right to right side, close left beside right, step right to right side
51-52 Cross left over right, recover
53&54 Step left to left side, close right beside left, step left to left side
55-56 Cross right over left, recover

SAILOR STEP RIGHT & LEFT, HIP BUMPS

57&58 Step right foot behind left, step left foot to left side, step right foot to right side
59&60 Step left foot behind right, step right foot to right side, step left foot to left side
61-62 Hip bumps right, left
63-64 Hip bump right, hold

PART B

PADDLE TURN ¼ LEFT TWICE, SLOW MAMBO RIGHT FORWARD, HOLD

- 1-2 Point right toe forward & pivot ¼ turn left
- 3-4 Point right toe forward & pivot ¼ turn left
- 5-6 Rock right foot forward, recover
- 7-8 Step back right foot, hold

¼ TURN LEFT, TOUCH, ½ TURN RIGHT, TOUCH, ROLLING VINE LEFT

- 9-10 ¼ pivot turn left, touch right foot close to left foot
- 11-12 ½ pivot right, touch left foot close to right foot
- 13-14 Step left ¼ left, on ball of left make ½ turn left
- 15-16 Step left ¼ turn left, touch right beside left & clap hands

PADDLE TURN ¼ LEFT TWICE, SLOW MAMBO RIGHT FORWARD, HOLD

- 17-18 Point right toe forward & pivot ¼ turn left
- 19-20 Point right toe forward & pivot ¼ turn left
- 21-22 Rock right foot forward, recover
- 23-24 Step back right foot, hold

¼ TURN LEFT, TOUCH, ½ TURN RIGHT, TOUCH, ROLLING VINE LEFT

- 25-26 ¼ pivot turn left, touch right foot close to left foot
- 27-28 ½ pivot right, touch left foot close to right foot
- 29-30 Step left ¼ left, on ball of left make ½ turn left
- 31-32 Step left ¼ turn left, touch right beside left & clap hands

TAG

Dance the first 16 counts of Part A
