Sex Machine



拍数: 32 墙数: 4 级数: Intermediate/Advanced

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音乐: Sex Machine - Mýa



TOUCH & TOUCH, TURN/POINT & CROSS, TWIST & TWIST, TURN-TAP-STEP

Touch right toe next to left, step right together, touch left toe next to right

& Step left together

3&4 Turn ¼ left and point right to side, step right next to left, cross step left over right

5&6 Step right to side and twist heels right, twist left, twist right making a ¼ turn left as you hitch

left leg

7&8 Step forward on left, turn ½ left and tap right next to left, step right to side

ROCK & SCUFF & ROCK & SCUFF &, FORWARD-ROCK, BEHIND & SIDE

Rock back on left, recover onto right, scuff left, step left to side Rock back on right, recover onto left, scuff right, step right to side

5-6 Rock forward on left, recover weight onto right

7&8 Sweep and step left behind right, step right to side, large step left on left hitching right

BUMP FORWARD & FORWARD & FORWARD & RIGHT & RIGHT, HOLD, LEFT, RIGHT

Step forward on right with right knee bent slightly bumping hips forward, back, forward, back Bump hips forward, take weight on left as you hitch right leg, step right to side and bump hips

right

& Bump hips left

5&6 Bump hips right, left, right

7 Hold

&8 Bump hips left, bump hips right taking weight onto right and hitch left

CROSS, UNWIND, SIDE, CROSS, KICK & STEP & CROSS & POINT &

1-2 Cross step left over right, unwind ½ turn right (option: slap hips on count 2)
3-4 Step right to side, cross step left over right (bounce shoulders on count 3&4)

5&6& Kick right to right side, step right behind left, step left in place with ¼ turn right, step right in

place

7&8& Cross step left over right, step right to side, point left to side, step left to center

Styling: on count 8 make sure all weight is on right leg, roll head out to right side

REPEAT