

Seven Wonders

拍数: 32 墙数: 4 级数: Improver
编舞者: Christopher Parsons (UK)
音乐: Seven Wonders - Fleetwood Mac



CROSS ROCK, CHASSE RIGHT, CROSS ROCK, ¼ LEFT, ½ LEFT

1-2 Cross right over left, recover weight onto left
3&4 Step right foot to right side, close left next to right
5-6 Cross left over right, recover weight onto right
7-8 ¼ turn left stepping forward on left, half turn left stepping back on to right

LEFT COASTER, RIGHT SHUFFLE, STEP ½ RIGHT, ¼ RIGHT, ¼ RIGHT

1&2 Step left foot back, step right next to left, step left foot forward
3-4 Step right foot forward, close left next to right, step right in place
5-6 Step forward on left foot, pivot ½ turn right
7-8 ¼ right stepping left to left side, ¼ right stepping back on right

LEFT COASTER, KICK BALL CHANGE, SKATE X4

1&2 Step left foot back, step right next to left, step left foot forward
3&4 Kick right foot forward, step onto right foot, step onto left foot
5-8 Skate forward on right, skate forward on left, skate forward on right, skate forward on left

FORWARD ROCK, BACK ROCK (OR ROCKING CHAIR), STEP ½ LEFT AND HOOK, LEFT SHUFFLE

1-2 Step forward on right, recover weight onto left
3-4 Step back on right, recover weight onto left
5-6 Step forward on right, pivot ½ turn left hooking left leg over right
7&8 Step forward on left, close right next to left, step left in place

REPEAT
