

7 Times 2 (P)

拍数: 64 墙数: 0 级数: Partner
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音乐: Same Thing Happened to Me - John Prine



Position: Side by side

HEELS SWIVELS, LEFT FORWARD, CROSS, FORWARD TOUCH

1-2 Swivel both heels to the left, back to center
3-4 Swivel both heels to the right, back to center
5-6 Touch left heel forward, cross and touch left toes to floor in front of right
7-8 Touch left heel forward, touch left foot next to right

(MAN) LEFT VINE, TOUCH; (LADY) THREE STEP TURN, TOUCH

9-12 **MAN:** Left vine, left, right, left, touch right next to left
 LADY: Three step turn left, right left, touch right next to left to the left

Drop left hands, raise right hand, man takes small steps to allow lady to finish turn in front of man in tandem position, with both right hands on lady's right hip, rejoin left hands

HIP BUMPS

13-14 Step right. Slightly to right and bump right hip to right, bump left hip to left with weight transfer to left
15-16 Bump right hip to right with weight transfer to right, bump left hip to left with weight transfer to left

(MAN) RIGHT VINE, TOUCH; (LADY) THREE STEP TURN, TOUCH

17-20 **MAN:** Vine right, right, left, right, touch left next to right
 LADY: Three step turn right, left, right, touch left next to right to the right

Drop left hands, raise right hand, man takes small steps to allow lady to finish turn in side by side position. Rejoin left hands

HIP BUMPS

21-22 Step left slightly to left and bump hip to left, bump right hip to right with weight transfer to right
23-24 Bump left hip to left with weight transfer to left, bump right hip to right with weight transfer to right

SHUFFLES FORWARD

25&26 Left shuffle forward on left, right, left
27&28 Right shuffle forward on right, left, right
29&30 Left shuffle forward on left, right, left

(MAN) ¼ SHUFFLE TURN TO RIGHT; (LADY) ¼ SHUFFLE TURN TO LEFT

31&32 **MAN:** ¼ Shuffle turn to right on right, left, right
 LADY: ¼ Shuffle turn to left on right, left, right

Release left hands, raise right hands over lady's head and lower right arms between lady and man as shuffle turn is completed. You are now facing each other

(MAN) LEFT VINE, HITCH; (LADY) LEFT VINE, HITCH

33-36 **MAN:** Left vine on left, right, left, hitch right leg, LOD
 LADY: Left vine on left, right, left, hitch right leg, RLOD

Keep hold of right hands and slap left hand with left hand of neighbor when hitching right leg

(MAN) RIGHT VINE, HITCH; (LADY) RIGHT VINE, HITCH

37-40 **MAN:** Right vine on right, left, right, hitch left leg, RLOD

LADY: Right vine on right, left, right, hitch left leg, LOD

During vine, release right hands and at finish of vine man's right shoulder should be next to lady's right shoulder. Join man's left hand with lady's right, lady's left hand on man's right shoulder. Man's right hand on lady's left hip

FULL TURN, STEP HITCHES, TO THE RIGHT

41-42 Step ¼ turn right with left hitch right leg

43-44 Step ¼ turn right with right, hitch left leg

45-46 Step ¼ turn right with left, hitch right leg

47-48 Step ¼ turn right with right, hitch left leg

(MAN) ¼ TURN LEFT, HITCH; (LADY) ¼ TURN RIGHT, HITCH

49-52 **MAN:** Step left, right, left, making a ¼ turn left moving slightly backwards to face LOD and hitch right leg

LADY: Step left, right, left, making a ¼ turn right moving slightly backwards to face LOD and hitch right leg

Release man's left hand, lady's right hand and return to side by side position

STEP LOCKS, SHUFFLES

53-54 Step right leg forward at 45deg, step and lock left leg behind right leg

55&56 Right shuffle forward right, left, right

57-58 Step left leg forward at 45deg, step and lock right leg behind left leg

59&60 Left shuffle forward left, right, left

JAZZ TRIANGLE

61-62 Cross right left, step left back

63-64 Step right to right side, step left next to right

REPEAT
