

Seven Lonely Days

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jeannette Rosenbäck (DK)
音乐: Seven Lonely Days - Patsy Cline



SIDE ROCK STEP RIGHT, CHASSE RIGHT, BACK LEFT ROCK STEP, ¼ TURN

1-2 Step to right and recover weight on left
3&4 Step to right, step left to right, step to right
5-6 Rock step back on left, recover weight on right
7-8 Step forward on left, ¼ turn right (weight on right)

STEP ¼ TURN LEFT, ½ PIVOT LEFT, STEP ¼ TURN LEFT, ROCKING CHAIR

1-2 Step left ¼ turn, step forward right
3-4 Pivot ½ turn left, make ¼ turn left
5-6 Rock step back on left, recover weight on right
7-8 Rock step forward on left, recover weight on right

SIDE ROCK STEP LEFT, CHASSE LEFT, BACK RIGHT ROCK STEP, ¼ TURN

1-2 Step to left and recover weight on right
3&4 Step to left, step right to left, step to left
5-6 Rock step back on right, recover weight on left
7-8 Step forward on right, ¼ turn left (weight on left)

¼ TURN RIGHT, ½ PIVOT RIGHT, ¼ TURN RIGHT, ROCKING CHAIR

1-2 Step right ¼ turn, step forward left
3-4 Pivot ½ turn right, make ¼ turn right
5-6 Rock step back on right, recover weight on left
7-8 Rock step forward on right, recover weight on left

SHUFFLE BACK RIGHT, SHUFFLE BACK LEFT, ROCK STEP BACK RIGHT, ¼ TURN LEFT, STOMP LEFT

1&2 Step back right, and close left next to right, step back right
3&4 Step back left, and close right next to left, step back left
5-6 Rock back on right, recover weight on left
7-8 Step right foot forward turning ¼ left, stomp left

DIAGONAL STEP FORWARD, SLIDE UP X4 RIGHT, RIGHT, LEFT, LEFT

1-2 Step diagonal forward right, slide up left
3-4 Step diagonal forward right, scuff left
5-6 Step diagonal forward left, slide up right
7-8 Step diagonal forward left, stomp right

VINE RIGHT, TOUCH LEFT, VINE LEFT, TOUCH RIGHT

1-2 Step right to right, left behind right
3-4 Step right to right, touch left beside right
5-6 Step left to left, right behind left
7-8 Step left to left, touch right beside left

¼ TURN RIGHT SHUFFLE, ¼ TURN RIGHT CHASSE, KICK BALL CHANGE TWICE

1&2 ¼ turn right forward, close left next to right step forward on right
3&4 ¼ right, step left, right beside left, step right

5&6

Kick right foot forward, and step right foot home, step left foot in place

7&8

Kick right foot forward, and step right foot home, step left foot in place

REPEAT
