

# Settlin'

拍数: 56      墙数: 2      级数: Improver  
编舞者: Junior Willis (USA)  
音乐: Settlin' - Sugarland



## KICK, CROSS, TOUCH, KICK, CROSS, TOUCH, JAZZ BOX WITH TURN ¼

1&2      Kick right forward, cross right over left, touch left to side  
3&4      Kick left forward, cross left over right, touch right to side  
5-8      Cross right over left, step left back, turn ¼ right and step right to side, step left together (3:00)

## HIP BUMPS, HIP BUMPS, SAILOR, SAILOR

1&2      Step right slightly forward and bump hips right, left, right  
3&4      Step left slightly forward and bump hips left, right, left  
5&6      Cross right behind left, step left to side, step right to side  
7&8      Cross left behind right, step right to side, step left to side

## KICK-BALL-CHANGE, KICK-BALL-CHANGE, ½ PIVOT, WALK, WALK

1&2      Kick right forward, step right together, step left in place  
3&4      Kick right forward, step right together, step left in place  
5-6      Step right forward, turn ½ left (weight to left, 9:00)  
7-8      Step right forward, step left forward

## MAMBO FORWARD, MAMBO BACKWARD, V-BLOCK STEP

1&2      Rock right forward, recover to left, step right together  
3&4      Rock left back, recover to right, step left together  
5-6      Step right diagonally forward, step left diagonally forward  
7-8      Step right home, step left together

## STEP, LOCK, STEP, SCUFF, ROCK, RECOVER, TRIPLE TURN ½

1-2      Step right forward, lock left behind right  
3-4      Step right forward, scuff left forward  
5-6      Rock left forward, recover on right  
7&8      Triple in place turning ½ left and step left, right, left (3:00)

## STEP, LOCK, STEP, SCUFF, ROCK, RECOVER, TRIPLE TURN ½

1-2      Step right forward, lock left behind right  
3-4      Step right forward, scuff left forward  
5-6      Rock left forward, recover on right  
7&8      Triple in place turning ½ left and step left, right, left (9:00)

## ROCK, RECOVER, SAILOR TURN ¼, ROCK, RECOVER, COASTER

1-2      Rock right to side, recover on left  
3&4      Cross right behind left, turn ¼ left and step left to side, step right to side  
5-6      Rock left forward, recover on right  
7&8      Step left back, step right back, step left forward

**REPEAT**