

Set The Place Afire

拍数: 32 墙数: 2 级数: Improver
编舞者: Jon Peppin (AUS)
音乐: Didn't We Love - Tamara Walker



Using a swinging motion right to left then right to left

- 1-2 Backward toe/heel struts - stepping right toe facing r45, right heel straightening up,
3-4 Backward toe/heel struts - stepping left toe facing l45, left heel straightening up
5-6 Backward toe/heel struts - stepping right toe facing r45, right heel straightening up,
7-8 Backward toe/heel struts - stepping left toe facing l45, left heel straightening up,

Optional styling - with arms at the side bent at the elbow and hands facing down

- 1-2 Step/rock right back, rock/replace weight forward on left
3&4 Right shuffle forward - step right forward, slide/step left beside right, step right forward
5-6 Step/pushing left hip to l45 with foot facing r45, rock/replace weight back on right

Optional styling - with arms at the side bent at the elbow and hands clenched swinging with hips

- 7&8 Left shuffle forward - step left forward, slide/step right beside left, step left forward

- 1-2 Step/pushing right hip to r45 with foot facing l45, rock/replace weight back on left

Optional styling - with arms at the side bent at the elbow and hands clenched swinging with hips

- 3&4 Right shuffle forward - step right forward, slide/step left beside right, step right forward
5-6 Step/rock left forward, rock/replace weight back onto right

Optional styling - push hands forward with palms facing the front into stop position and drop

- 7&8 Left backward coaster step - step left back, step right beside left, step left forward

- 1-2 Step right forward, turn ¼ turn left -placing weight onto left

- 3&4 Traveling left - right cross shuffle - step right over left, step left to left side, step right over left

- 5-6 Turning ¼ turn right - step left back, turning a further ½ turn right - step right forward

- 7&8 Left shuffle forward - step left forward, step/slide right beside left, step left forward

REPEAT

This dance is dedicated to one of my original class members - Dawn Cook. Dawn was a lady who always laughed, smiled and needed to dance no matter what type or style. Her favorite dance was Please Remember and she used to like using hand movements and swaying emphasizing the hips. Mrs. J was a friend to all and will be sadly missed