

# Set Me Free

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Helen D'Aguiar (UK)  
音乐: Can't Get You Out of My Head - Kylie Minogue



## TOUCH OUT, IN, KICK BALL TOUCH (TWICE)

1-2            Touch right toe out to side, touch right toe next to left instep  
3&4            Right kick ball touch  
5-6            Touch left toe out to side, touch left toe next to right instep  
7&8            Left kick ball touch

## CROSS TOUCH (TWICE), HALF PIVOT LEFT WITH HOOK, LEFT SHUFFLE FORWARD

9-10            Cross right over left, point left toe to side  
11-12            Cross left over right, point right toe to side  
13-14            Step forward on right, pivot ½ turn left hooking left foot across right shin  
15&16            Left shuffle forward

## RIGHT KICK BALL STEP BACK, HOLD, STEP STEP, TOUCH BACK SIDE, CROSS SHUFFLE

17&18            Kick right foot forward, step back on right, step back on left  
19&20            Hold for one count, bring right next to left and step back on left  
21-22            Touch right toe back, touch right toe to right  
23&24            Cross shuffle right over left

## QUARTER TURN RIGHT, HOLD, BACK COASTER STEP, ROCK RECOVER, SWITCH ROCK RECOVER

25-26            Turn ¼ right stepping back on left, hold for one count  
27&28            Right coaster step back  
29-30            Rock out to left, recover  
&31-32            Switch onto left foot and rock out to right, recover

## HEEL & TOE & KICK BALL CHANGE, STEP PIVOT HALF TURN LEFT, RIGHT SHUFFLE FORWARD, LEFT ROCK & CROSS, RIGHT ROCK & CROSS

33&34&            Touch right heel forward, bring right next to left and touch left toe back, bring left next to right  
35&36            Right kick ball change  
37-38            Step forward on right, pivot ½ turn left  
39&40            Right shuffle forward  
41&42            Rock out onto left, recover & cross left over right  
43&44            Rock out onto right, recover & cross right over left

## SIDE BEHIND, HEEL JACK AND CROSS, STOMP TWICE, APPLEJACK

45-46            Step left foot to side, cross right foot behind  
&47&48            Step back on left, dig right heel forward, bring right foot back to place and cross left over right  
49-50            Stomp right in place, stomp left in place  
&51&52            Applejack

## SIDE BEHIND, HEEL JACK AND CROSS, STOMP TWICE, APPLEJACK

53-54            Step right foot to side, cross left foot behind  
&55&56            Step back on right, dig left heel forward, bring left foot back to place and cross right over left  
57-58            Stomp left in place, stomp right in place  
&59&60            Applejack

## MAMBO MONTEREY TURN

61&62  
63&64

Rock out onto right, recover, make  $\frac{1}{2}$  turn right stepping right foot next to left  
Rock out onto left, recover, step left foot next to right

**REPEAT**

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