

Serenade Cha

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Improver social cha
编舞者: Shin-ichiro Baba (JP)
音乐: Just Another Woman In Love - Anne Murray



CROSS, BACK, SHUFFLE LEFT, CROSS ROCK, SHUFFLE RIGHT

1-2 Cross left over right, step right slightly back
3&4 Step left to left side, together right beside left, step left to left side
5-6 Rock right across in front of left, recover onto left
7&8 Step right to right side, together left beside right, step right to right side

CROSS, ¼ TURN BACK, ¼ TURN, TOUCH, STEP ¼ TURN, FULL TURN, FORWARD SHUFFLE

1-2 Cross left over right, make ¼ turn left stepping right to back
3 While left ¼ turn on ball of right foot and drag left next to right
4 Point right to right side (prep for turn)
5-6 Make ¼ turn right stepping right forward, full turn right stepping left beside right
7&8 Step right forward, close left beside right, step right forward

Option: count 5-6 can be replaced with walk right, left

TOUCH, SWEEP, SAILOR ¼ TURN, STEP FORWARD, ½ TURN, ¼ TURN, TOGETHER, ¼ TURN

1-2 Touch left toe to forward, sweeping left round to back
3& Cross left behind right, make ¼ turn left step right to right side
4 Step left to left diagonally forward
5-6 Step right forward, make ½ turn right stepping left to back
7& Make ¼ turn right stepping right to right side, together left beside right
8 Make ¼ turn right stepping forward on right

Option: count 5-8 can be replaced with walk right, left and forward shuffle

SIDE ROCK WITH ¼ TURN, CROSSING SHUFFLE, ¼ TURN, ¼ TURN, CROSS, POINT

1-2 Make ¼ turn right on ball of right foot swaying rock left to left side, recover onto right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Make ¼ turn left stepping right to back, make ¼ turn left stepping left to left side
7-8 Cross right over left, point left to left side

Option: count 8 (point) can be replaced with sweeping left from back to front

REPEAT