

September Cha (P)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Ann Williams (UK)
音乐: A Little Peace - Speed Limit



Position: Right side by Side position

SIDE ROCK, RECOVER, SHUFFLE, SIDE ROCK, RECOVER, SHUFFLE

1-2 Step and rock left to left side, recover onto right
3&4 Left shuffle forward
5-6 Step and rock right to right side, recover onto left
7&8 Right shuffle forward

CHANGE SIDE, TRIPLE, STEP, PIVOT, SHUFFLE

9-10 **MAN:** Step and cross left behind right, step right to right side
 LADY: Step left to left side, step a cross right behind left

Now in Left Side By Side Position

11&12 Triple step in place, (left, right, left,)
13-14 Step right forward, pivot ½ turn left

Back into Right Side By Side Position facing RLOD

15&16 Right shuffle forward

PINWHEEL ½ TURN, SHUFFLE, WALK, WALK, SHUFFLE

17-18 **MAN:** Step left back making ¼ turn left, step right forward making ¼ turn left
 LADY: Step left, right walking forward making ½ turn left

Now facing LOD

19&20 Left shuffle forward
21-22 Walk forward on right, left
23&24 Right shuffle forward

POINT, HOLD, SHUFFLE, POINT, HOLD, SHUFFLE

25-28 Point left toe to left side, hold for one beat, left shuffle forward
29-32 Point right toe to right side, hold for one beat, right shuffle forward

BEHIND, SIDE, (LADY TURNS) TRIPLE STEP, WALK, WALK ½ TURN, TRIPLE STEP

33-36 **MAN:** Step and cross left behind right, step right to right side, triple step in place
 LADY: Turn ¼ right stepping back on left, turn ¼ right stepping right to side, triple step in place

Raise right hands, release left hands and place on partners waist, man passes behind the lady as the lady crosses in front to end on man's left side facing RLOD in a Rose Arch position

37-38 Walk forward on right, left making ½ turn left
39&40 Triple step in place, (right, left, right,)

STEP, PIVOT, (LADY ROCKS) SHUFFLE, WALK, WALK, (LADY TURNS) SHUFFLE

41-42 **MAN:** Step left forward, pivot ½ turn right
 LADY: Step and rock back on left, recover onto right

Rejoin left hands and pass over man's head as he turns, keep left hands raised

43&44 Left shuffle forward
45-46 **MAN:** Walk forward on right left
 LADY: Step forward on right, left making a full turn left

Keep hold of hands and finish in Right Side By Side Position

47&48 Right shuffle forward

REPEAT
