

Separated

拍数: 96 墙数: 2 级数: Intermediate/Advanced waltz
编舞者: Jenny Leigh (AUS) & Adrian Lefebour (AUS)
音乐: Separated - Usher



Start after 12 quick counts on the word "if", with weight on left, right toe pointed to right side

RIGHT CROSS WALTZ, LEFT CROSS WALTZ, FORWARD RIGHT, LEFT HITCH KICK, LEFT BASIC WALTZ BACK

1-2-3 Cross right over left, rock left to side, recover to right
4-5-6 Cross left over right, rock right to side, recover to left
1-2-3 Step right forward, hitch left knee, kick left forward
4-5-6 Step left back, step right together, step left in place

FORWARD RIGHT, TURN ½ RIGHT, TOGETHER, LEFT BASIC WALTZ BACK, STEP RIGHT FORWARD, SLOW SWEEP LEFT, STEP FORWARD LEFT, SLOW SWEEP FORWARD RIGHT

1-2-3 Step right forward, turn ½ right and step left back, step right together (6:00)
4-5-6 Step left back, step right together, step left in place
1-2-3 CROSS RIGHT OVER LEFT, sweep left from back to front over 2 counts
4-5-6 Cross left over right, sweep right from back to front over 2 counts

CROSS, TURN ¼ RIGHT, TOGETHER, FULL TURN RIGHT OVER LEFT SHOULDER, STEP RIGHT, DRAG, DRAG, STEP LEFT, DRAG, DRAG

1-2-3 Cross right over left, turn ¼ right and step left back, step right together (9:00)
4-5-6 Turn ¼ left and cross left over right, turn ¼ left and step right back, turn ½ left and step left back (9:00)

Easy option: cross left over right, step right to side, cross left behind right

1-2-3 Step right to side, drag left toward right over 2 counts
4-5-6 Step left to side, drag right toward left over 2 counts

CROSS, TURN ½ RIGHT, SIDE, ROCK, HOLD, HOLD

1-2-3 Cross right over left, step left back, turn ½ right and step right to side (3:00)
4-5-6 Cross/rock left over right, hold, hold

ROCK, STEP, ROCK, ROCK, TURN ¼ RIGHT, TURN ½ RIGHT, TURN ½ RIGHT, STEP, LOCK, STEP, STEP, PIVOT TURN ½ LEFT

1-2-3 Recover on right, step left to side, cross/rock right over left
4-5-6 Recover on left, turn ¼ right and step right forward, turn ½ right and step left back (12:00)
1-2-3 Turn ½ right and step right forward, step left forward, lock right behind left (6:00)
4-5-6 Step left forward, step right forward, turn ½ left (weight to left, 12:00)

Restart goes here

STEP RIGHT FORWARD, TWIST HEELS ¼ RIGHT, TWIST HEELS ¼ LEFT, RIGHT COASTER WALTZ, STEP FORWARD LEFT, TWIST HEELS ¼ LEFT, TWIST HEELS ¼ RIGHT, LEFT COASTER WALTZ

1-2-3 Step right forward, swivel both heels right, swivel both heels left
4-5-6 Step right back, step left together, step right forward
1-2-3 Step left forward, swivel both heels left, swivel both heels right
4-5-6 Step left back, step right together, step left forward

CROSS, TURN ½ RIGHT, HIP SWAYS LEFT-RIGHT-LEFT, CROSS, TURN ½ RIGHT, HIP SWAYS LEFT-RIGHT-LEFT

1-2-3 Cross right over left, step left to side, turn ½ right and step right to side (6:00)

- 4-5-6 Sway hips left, right, left
1-2-3 Cross right over left, step left to side, turn ½ right and step right to side (12:00)
4-5-6 Sway hips left, right, left

RIGHT CROSS WALTZ, LEFT TURN ¼ WALTZ, CROSS, SIDE, FLICK, &, CROSS, ¼ LEFT, BACK

- 1-2-3 Cross right over left, rock left to side, recover to right
4-5-6 Turn ¼ left and step left forward, step right together, step left in place (9:00)
1-2-3 Cross right over left, step left to side and flick right back, step right together
4-5-6 Cross left over right, turn ¼ left and step right back, step left back (6:00)

TOUCH RIGHT BACK, SLOW TURN ½ RIGHT, TURN ½ RIGHT WALTZ STEP

- 1-2-3 Touch right toe back, turn ½ right over 2 counts (weight to right, 12:00)
4-5-6 Step left back, turn ½ right and step right together, step left in place (6:00)

REPEAT

TAG

On the completion of the first & third rotation only

- 1-2-3 Step right forward, touch left toe to side, hold

For added styling, as you step forward start swinging your right arm from waist level in an to the left direction to shoulder level & click your fingers on the hold count

- 4-5-6 Step left forward, touch right toe to side, hold

Styling as above but with the opposite hand

RESTARTS

There are 2 restarts which only happen on the second & fourth rotations. Dance up to & complete count 54, then recommence the dance

ENDING

The music will slow down on the 2nd last rotation. Keep dancing at the same pace as you have throughout the dance. Don't slow down as it will pick up near the end with your side drags. The dance finishes to the front wall. Complete the step forward & twists on the right foot, step right back, step left TOGETHER, step right back & cross your left toe over your right foot
