

# Senza Una Donna (Without A Woman)

**COPPER** KNOB  
BY STEPHEN

拍数: 64      墙数: 2      级数: Intermediate/Advanced nightclub  
编舞者: Gordon Timms (UK)  
音乐: Senza Una Donna - Zucchero & Paul Young



## **ROCK STEP ½ TURN, STEP ¼ TURN CROSS, HIPS SWAYS, BEHIND ¼ TURN STEP**

1&2      Rock forward on the right, recover on to left, turn ½ turn right stepping right forward  
3&4      Step left forward, pivot ¼ turn right, cross left over right  
5-6      Step right to right side swaying on to right hip, recover on to left swaying on to left hip  
7&8      Cross right behind left, step left turning ¼ turn left, step right forward (6:00)

## **ROCK, RECOVER, BACK STEPS WITH SWEEPS, BEHIND, SIDE AND CROSS, HIP SWAYS**

1&2      Rock forward on the left, recover on to the right, step back on the left foot  
3-4      Sweep around and step back on the right, sweep around and step back on the left  
5&6      Cross right behind left, step left to left side, cross right over left  
7-8      Step left to left side swaying on to left hip, recover on to right swaying on to right hip (6:00)

## **CLOSE, SIDE, POINT, RONDE, ¼ SAILOR STEP, FORWARD, ½ TURN, COASTER CROSS**

&12      Close left next to right, step right to right side, point left in front of right (weight on right)  
3&4      Ronde left back into a ¼ turn left with a sailor step, turning on the 2nd step, Left-right-left  
5-6      Step forward on the right, make a ½ turn right stepping back on the left  
7&8      Right coaster step, step right foot back, step left next to right, step right foot across left (9:00)

## **CROSS, SIDE, BACK, CROSS SIDE, BACK, STEP, SWEEP, RONDE, ¼ SAILOR STEP**

12&      Cross left over right, step right to right side, step left slightly back on the left diagonal  
34&      Cross right over left, step left to left side, step right slightly back straightening your step  
5-6      Step forward on the left, sweep right around and touch point right toe in front of left  
7&8      Ronde right back into a ¼ turn right with a sailor step, turning on the 2nd step, Right-left-right (12:00)

## **MODIFIED SIDE MAMBO STEPS X 3, RONDE, BEHIND, SIDE AND CROSS**

1&2      Rock out left to left side, recover on to right, cross left over right on the right diagonal  
3&4      Rock out right to right side, recover on to left, cross right over left on the left diagonal  
5&6      Rock out left to left side, recover on to right, step left directly behind right  
7&8      Ronde right back into cross right behind left, step left to left side, cross right over left (12:00)

## **¼ TURN TWICE, LEFT LOCK STEP, STEP ½ TURN & STEP, STEP ¼ TURN & STEP**

1-2      Turning ¼ turn right step back on left, turning ¼ turn right step right forward  
3&4      Step forward on left, lock right behind left, step forward left  
5&6      Rock forward on the right, recover on to left, turn ½ turn right stepping right forward  
7&8      Rock forward on the left, recover on to right, turn ¼ turn left stepping left to side (9:00)

## **CROSS, ½ TURN UNWIND, LEFT COASTER STEP, SLOW HIP SWAYS, RIGHT SHUFFLE FORWARD**

1-2      Cross scissors right foot over left, unwind ½ turn left (weight on right)  
3&4      Left coaster step, step left foot back, step right next to left, step left foot forward  
5-6      Step right forward swaying on to right hip, recover back on to left swaying on to left hip  
7&8      Right forward shuffle, step right foot forward, step left next to right, step right foot forward (3:00)

## **SIDE STEP, DRAG, RIGHT SIDE CHASSE, CROSS ROCK RECOVER, SIDE, TOGETHER, FORWARD**

12&      Step forward on the left, pivot turn ¼ turn right, drag right foot up to left, weight stays on left  
3&4      Right side chasse, stepping right-left-right

5-6

Cross rock left over right, recover back on to right

7&8

Step left to left side, step right next to left, step left foot forward (6:00)

**REPEAT**

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