

Senza Una Donna (Without A Woman)

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate nightclub
编舞者: Steve Mason (UK)
音乐: Senza Una Donna - Zucchero & Paul Young



CROSS, SIDE, BACK, CROSS, SIDE, BACK, CROSS, ¼ TURN LEFT, BACK, LOCK SHUFFLE

- 1-2& Cross step left foot over right foot, step right foot to right side, step left foot slightly back & to left side
3-4& Cross step right foot over left foot, step left foot to left side, step right foot slightly back & to right side
5-6& Cross step left foot over right foot, make ¼ turn left stepping right foot back, step left foot back
7&8 Cross step right foot over left foot, step back on left foot, cross step right foot over left foot

BACK ROCK, RECOVER, ½ TURN STEP BACK, COASTER STEP, FORWARD ROCK, RECOVER, ¼ TURN, STEP, CROSS, ¼ TURN, ¼ TURN

- 9&10 Rock back on left foot, recover weight to right foot, make ½ turn right & step back on left foot
11&12 Step back on right foot, step left foot next to right foot, step forward on right foot
13&14 Rock forward on left foot, recover weight to right foot, make ¼ turn left stepping left foot to left side
15&16 Cross step right foot over left foot, ¼ turn right stepping back on left foot, ¼ turn right stepping right foot to right

CROSS, SIDE, ¼ SAILOR STEP, FORWARD, ½ TURN, COASTER STEP

- 17-18 Cross step left foot over right foot, step right foot to right side
19&20 Cross step left foot behind right foot, ¼ turn left stepping right foot to right side, recover weight to left foot
21-22 Step forward on right foot, making ½ turn right step back on left foot
23&24 Step back on right foot, step left foot next to right foot, step forward on right foot

FORWARD ROCK, RECOVER, ½ TURN FORWARD, FORWARD. ½ PIVOT, STEP, ROCKING CHAIR, FORWARD ½ PIVOT, ½ TURN, SIDE

- 25&26 Rock step forward on left foot, recover weight to right foot, ½ turn left stepping forward on left foot
27&28 Step forward on right foot, ½ pivot turn left, step forward on right foot
29&30& Rock step forward on left foot, recover weight to right foot, rock back on left foot, recover weight forward to right foot
31&32& Step forward on left foot, ½ pivot turn right, ½ turn right stepping back on left foot, step right foot to right side

REPEAT
