

SenŌrita Mas

COPPER **NOB**
BY STEPHEN

拍数: 64 墙数: 4 级数: Beginner
编舞者: Els Asbroek (NL)
音乐: Senorita Mas Fina - Kevin Fowler



STATIONARY PIVOT TURN ½ RIGHT, HOLD & CLAP, STEP, STATIONARY PIVOT TURN ½ LEFT, HOLD & CLAP

1-2 Left step forward, right step ½ turn right
3-4 Left step forward, hold and clap
5-6 Right step forward, left step ½ turn left
7-8 Right step forward, hold and clap

RUMBA BOXES WITH HOLDS

1-2 Left step to the side, right step beside left
3-4 Left step forward, hold
5-6 Right step to the side, left step beside right
7-8 Right step behind, hold

CHASSÉ LEFT, ROCK BACK, CHASSÉ RIGHT, ROCK BACK

1&2 Left step to the side, right step next to left, left step to the side
3-4 Right rock behind left, left recover
5&6 Right step to the side, left step next to right, right step to the side
7-8 Left rock behind right, right recover

FIGURE OF EIGHT

1-2 Left step to the side, right step behind left
3-4 Left step ¼ turn left, right step forward
5-6 Left step ½ turn left, right step ¼ turn left
7-8 Left step behind right, right step ¼ turn right

SCISSOR STEPS TWICE WITH HOLD

1-2 Left step to the side, right step beside left
3-4 Left cross over right, hold
5-6 Right step to the side, left step beside right
7-8 Right cross over left, hold

BOUNCE (4X), SLOW COASTER STEP, HOLD

1-2 Right & left bounce 1/8 turn left, right & left bounce 1/8 turn left
3-4 Right & left bounce 1/8 turn left, right & left bounce 1/8 turn left
5-6 Left step behind right, right step beside left
7-8 Left step forward, hold

LOCK STEPS WITH SCUFF (2X)

1-2 Right step forward, left lock behind right
3-4 Right step forward, left scuff forward
5-6 Left step forward, right lock behind left
7-8 Left step forward, right scuff forward

ROCKIN' CHAIR, PIVOT ½ TURN LEFT, STEP, HOLD

1-2 Right rock forward, left recover
3-4 Right rock back, left recover

5-6 Right step forward, left step ½ turn left
7-8 Right step forward, hold

REPEAT
