

Senora Shuffle

拍数: 32 墙数: 4 级数: Improver
编舞者: Susan Read (UK)
音乐: Jump In the Line - Harry Belafonte



BACK ROCK & STEP LEFT & RIGHT LEFT SHUFFLE STEP ½ TURN

1&2 Cross rock left behind right back on right step left to left side
3&4 Cross rock right behind left back on left step right to right side
5&6 Step forward left close right beside left step forward left
7&8 Step forward right make ½ turn left

RIGHT SHUFFLE FULL TURN RIGHT LEFT & RIGHT ROCK & CROSS

1&2 Step forward right, close left beside right, step forward right
3-4 Make half turn right stepping back left, make half turn right stepping forward on right
5&6 Rock left to left side, rock onto right in place, step left in front of right
7&8 Rock right to right side, rock onto left in place, step right in front of left

LEFT KICK BALL CROSS TWICE STEP LEFT ¼ TURN RIGHT CROSS LEFT OVER RIGHT UNWIND

1&2 Kick left forward, step on ball of left cross right over left
3&4 Kick left forward, step on ball of left cross right over left
5-6 Step left to left side, turn ¼ turn right and step forward right
7-8 Cross left over right, unwind half turn

RIGHT CHASSE, LEFT ROCK BACK, LEFT GRAPEVINE STEP

1&2 Step right to right side, close left beside right and step right to right side
3-4 Cross left behind right and back on right
5-6 Left foot to left side, right foot behind left
7-8 Step left foot to left side and step right next to left

REPEAT

TAG

Danced after wall 1, 3, 5, 8 ½

1&2 Step left to left side close right beside left step left to left side
3-4 Rock right behind left back on left
5&6 Step right to right side close left beside right step right to right side
7-8 Rock left behind right back on right
9-10 Step forward left ½ turn right
11-12 Step forward left close right beside left step forward left
13-14 Step forward right ½ turn left
15-16 Step forward right close left beside right step forward right