

# S.E.N.M.R.Y.L.A.R.

COPPERKNOB  
BY STEPHEN

拍数: 32                      墙数: 4                      级数:  
编舞者: Sebastiaan Holtland (NL), Erik van Mullem, Nicky Du Breuil, Mary Kalidien,  
Romina Bussenius, Yoeri Chinakwie, Lieke Rijpkema, Anaifely Brion & Roy  
Hadisubroto (IRE)  
音乐: We Be Burnin' - Sean Paul



## OUT, WEIGHT CHANGE, OUT, TOGETHER, OUT, TOGETHER (SEBASTIAAN HOLTLAND)

1                      Step right to right side and pop both knees out  
&                      Pop both knees in  
2                      Weight change to left side and pop both knees out  
&                      Pop both knees in  
3                      Weight change to right side and pop both knees out  
&                      Step left next to right and pop both knees in  
4                      Step right to right side and pop both knees out  
&                      Step left next to right

## WALK AROUND (ERIK VAN MULLEM)

5-8                      Walk in a circle starting with right

## HEEL, HOOK, HEEL, FLICK, HEEL, HITCH, TOGETHER (NICKY DU BREUIL)

1                      Right heel forward  
&                      Right hook in front of left  
2                      Right heel forward  
&                      Right flick to right side  
3                      Right heel forward  
&                      Right hitch  
4                      Right next to left

## JUMP OUT, BOUNCE (2X), JUMP TOGETHER, BOUNCE (2X) (MARY KALIDIEN)

5                      Jump both feet out and bounce  
**Both arms waving forward**  
6                      Bounce  
**Both arms waving forward**  
7                      Jump both feet together and bounce  
**Right arm in front of body and left arm stretched out**  
8                      Bounce  
**Both arms in same position**

## KICK, STEP, ROCK STEP, ¼ TURN, KICK, STEP, ROCK STEP (ROMINA BUSSENIUS)

1                      Kick right forward  
&                      Right step forward  
2                      Rock left to left side  
&                      Recover back on right  
3                      Turn ¼ to the left and kick left forward  
&                      Left step forward  
4                      Rock right to right side  
&                      Recover back on left

## STEP, STEP, STEP, STEP (WITH SHAKE) (YOERI CHINAKWIE)

5                      Step right diagonally forward  
6                      Step left diagonally forward

7 Step right diagonally forward

8 Step left diagonally forward

**With both arms in front of chest and shaking body**

**PADDLE TURN (WITH HIP ROLLS) (LIEKE RIJPKEMA)**

1 Step right forward

& Turn  $\frac{1}{4}$  to the left

2 Step right forward

& Turn  $\frac{1}{4}$  to the left

3 Step right forward

& Turn  $\frac{1}{4}$  to the left

4 Step right forward

& Turn  $\frac{1}{4}$  to the left

**All with hip rolls**

**TOUCH, HIP PUSH, TOUCH, HIP PUSH (ANAIFELY BRION, ROY HADISUBROTO)**

5 Touch right diagonally to the right and push hip to the right

**Wipe right shoulder with left hand**

6 Step right next to left

7 Touch left diagonally to the left and push hip to the left

**Wipe left shoulder with right hand**

& (Wipe right shoulder with left hand)

8 Step left next to right

**REPEAT**

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