# Send Me Signals (S.M.S)



拍数: 64 墙数: 4 级数: Intermediate social cha

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音乐: S.M.S. To My Heart - Modern Talking



## STEP FORWARD, TOE TOUCH, JAZZ JUMP BACK, CLAP, CROSS ROCK, SHUFFLE 1/2 TURN RIGHT

1-2 Step forward to right diagonal on right, touch left toe beside right

&3 Jump back on left, right (feet shoulder width apart)

4 Clap

5-6 Cross rock right over left, recover weight onto left 7&8 Make a half turn right stepping on right, left, right

# STEP FORWARD, TOE TOUCH, JAZZ JUMP BACK, CLAP, CROSS ROCK, CHASSE RIGHT WITH $\frac{1}{4}$ TURN RIGHT

9-10 Step forward to left diagonal on left, touch right toe beside left

&11 Jump back on right, left (shoulder width apart).

12 Clap

13-14 Cross rock right over left, recover weight onto left

15&16 Step right to right side, close left beside right, make a quarter turn right stepping forward on

right

#### LOCK STEPS, FORWARD ROCK, SHUFFLE 1/2 TURN LEFT

17&18 Step forward on left, lock right behind left, step forward on left
19&20 Step forward on right, lock left behind right, step forward on right

21-22 Rock forward on left, recover on right

23&24 Make a half turn left stepping on left, right, left

## WALK FORWARD, KICK-BALL-CHANGE, TOE TOUCHES

25-26 Step forward on right, step forward on left

27&28 Kick right forward, step down on right (taking weight), change weight onto left

29&30 Touch right toe forward, close right beside left, touch left toe forward

31-32 Touch left toe across right, touch right toe forward

## TOE TOUCH, SAILOR STEP, TOE TOUCH, SIDE ROCK, TRIPLE STEP FULL TURN RIGHT

33 Touch left toe to left side

34&35 Cross left behind right, step right to right side (taking weight), replace weight onto left

36 Touch right toe beside left

## When dancing wall 4 restart dance here (you'll be facing 12:00 at this point)

37-38 Rock right to right side, recover weight onto left 39&40 Make a full turn right stepping on right, left, right

# SIDE STEP, SAILOR STEP, TOE TOUCH, SIDE ROCK, SAILOR STEP WITH ½ TURN LEFT

41 Step left to left side

42&43 Cross right behind left, step left to left side (taking weight), replace weight onto right

44 Touch left beside right.

45-46 Rock left to left side, recover on right

47&48 Cross left behind right, make a quarter turn left stepping right beside left, make a quarter turn

left stepping left beside right

## ROCK & CROSS TWICE, TOE TOUCHES, ROCK & CROSS

49&50	Rock right to right side, recover weight onto left, cross right over left
51&52	Rock left to left side, recover weight onto right, cross left over right

Touch right toe to right side, touch right toe beside left

Rock right to right side, recover weight onto left, cross right over left

# TOE TOUCHES, ROCK & CROSS, 1/2 TURN LEFT, FULL TURN LEFT

57-58 Touch left toe to left side, touch left to beside right

59&60 Rock left to left side, recover weight onto right, cross left over right

Make a quarter turn left stepping back on right, make a quarter turn left stepping left to left

side

63-64 Make a half turn left stepping back on right, make a half turn left stepping forward on left

## **REPEAT**

### **TAG**

At the end of wall 1 (facing 3:00) STEP FORWARD, CLOSE, STEP BACK, CLOSE

1-2 Step forward on right, close left beside right3-4 Step back on right, close left beside right

### **RESTART**

When dancing wall 4, only dance as far as count 36 (toe touch) then restart dance from beginning (you will be facing front wall at this point - 12:00)