Semper Fidelis



拍数: 32 墙数: 2 级数: Intermediate/Advanced line/contra

dance

编舞者: Jerry Cope (USA)

音乐: Semper Fidelis - John Philip Sousa



This dance is dedicated to the United States Marine Corps along with the other military services and to John Philip Sousa

FORWARD MARCH, TO THE REAR MARCH

Eyes right optional

1 March forward on left foot March forward on right foot 2 3 March forward on left foot March forward on right foot 4

When danced contra, lines cross on counts 1-4

Step forward on left foot

6 Pivot ½ turn right on left foot and shift weight to right foot

7-8 Repeat 5-6

MARCH BACK, ABOUT FACES

March backward on left foot 10 March backward on right foot 11 March backward on left foot 12 March backward on right foot

When danced contra, lines return to original positions on counts 9-12

Place right toe about four inches behind and slightly to the left of left heel

14 Pivot ½ turn right on left heel and ball of right foot

15 Place right toe about four inches behind and slightly to the left of left heel

16 Pivot ½ turn right on left heel and ball of right foot and slap sides of thighs with open hands

SIDE STEPS, FORWARD STEPS, COLUMN LEFT, HALT

17 Step to the left on left foot

18 Slide right foot over next to left foot

19 Step to the right on right foot

20 Slide left foot over next to right foot

21 Step forward on left foot 22 Step forward on right foot

23 With feet in place, pivot ¼ turn left on balls of both feet

24 Stomp right foot next to left and slap sides of thighs with open hands

CHANGE STEP, DOUBLE TIME BOX STEP, MARK TIME, LEFT FACE (ATTENTION)

25&26 Shuffle forward (left, right, left)

27 Step right foot over left rocking onto right foot

& Step back onto left foot in place

28 Step back onto right foot & Step left foot next to right 29 Stomp right foot next to left 30 Stomp left foot next to right

Pivot ¼ turn left on ball of right foot and heel of left foot (shift weight to left foot)

When dancing contra, change that to a 1/4 turn right to make it a 1 wall contra dance

32 Stomp right foot next to left and slap sides of thighs with open hands Option: Snap a salute with right hand above right eye on beat 31 and snap right hand down along right thigh on beat 32

REPEAT