

Seminole

拍数: 68 墙数: 4 级数: Intermediate/Advanced
编舞者: Alan Birchall (UK)
音乐: Seminole Wind - John Anderson



FOUR TOE STRUTS FORWARD

- 1-2 Touch right toe forward, drop right heel to floor
- 3-4 Touch left toe forward, drop left heel to floor
- 5-6 Touch right toe forward, drop right heel to floor
- 7-8 Touch left toe forward, drop left heel to floor

Styling note: add finger clicks with each toe strut, swinging arms right & left with toe struts

½ STEP PIVOT, ¼ STEP PIVOT

- 9-10 Step forward on right, ½ pivot left
- 11-12 Step forward on right, ¼ pivot left

RIGHT & LEFT FORWARD SHUFFLES

- 13&14 Step forward on right, step left beside right, step forward on right
- 15&16 Step forward on left, step right beside left, step forward on left

½ STEP PIVOT, RIGHT & LEFT FORWARD SHUFFLES

- 17-18 Step forward on right, ½ pivot left
- 19&20 Step forward on right, step left beside right, step forward on right
- 21&22 Step forward on left, step right beside left, step forward on left

RIGHT & LEFT KICK BALL TOUCH'S, CROSS & UNWIND

- 23&24 Kick right foot forward, step ball of right in place, touch left toe to left
- 25&26 Kick left foot forward, step ball of left in place, touch right toe to right
- 27-28 Cross right foot over left, unwind ½ turn left (weight should transfer to right foot)

DIAGONAL STEPS, STOMPS & TOUCH'S

- 29-30 Step forward on left diagonal, Stomp right beside left
- 31-32 Step back on right at diagonal, Touch left beside right
- 33-34 Step back on left at diagonal, Stomp right beside left
- 35-36 Step forward on right at diagonal, Touch left beside right

TURNING GRAPEVINE LEFT

- 37-38 Step left to left making ¼ turn left, swing right foot round making a further ¼ turn left
- 39-40 On ball of right foot make a further ½ turn left, touch right next to left

DIAGONAL STEPS, STOMPS & TOUCHES

- 41-42 Step forward on right diagonal, stomp left beside right
- 43-44 Step back on left diagonal, touch right beside left
- 45-46 Step back on right left diagonal, stomp left beside right
- 47-48 Step forward on left at diagonal, touch right beside left

TURNING GRAPEVINE RIGHT

- 49-50 Step right to right making ¼ turn right, swing left foot round making a further ¼ turn right
- 51-52 On ball of left foot make a further ½ turn right, touch left next to right
- 53-58 Left & right forward shuffles & step pivot
- 53&54 Step forward on left, step right beside left, step forward on left
- 55&56 Step forward on right, step left beside right, step forward on right

57-58 Step forward on left & ½ pivot right

LEFT & RIGHT FORWARD SHUFFLES

59&60 Step forward on left, step right beside left, step forward on left

61&62 Step forward on right, step left beside right, step forward on right

KICK BALL TOUCH'S, CROSS & UNWIND

63&64 Kick left foot forward, step ball of left in place, touch right toe to right

65&66 Kick right foot forward, step ball of right in place, touch left toe to left

67-68 Cross left over right, unwind ½ turn right (weight should transfer to left foot)

REPEAT

Options: turning grapevine maybe exchanged for grapevines if preferred. Stomps maybe exchanged for touches & claps if preferred.

When dancing to "Seminole Wind", start dance on main music (after drum intro. Approx. 30 sec). On the fifth wall the music begins to fade as you approach the diagonal step routine. Replace diagonal steps with toe struts & finger clicks till main music fades
