

# The Sefton Shuffle

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Chris Peel (UK)  
音乐: The Tulsa Shuffle - The Tractors



Allow 4 bars intro. Begin on the word "music"

This dance is dedicated to all the beginners in Phil & Shirley's Friday class

## HEEL/TOE TAPS, KICK-BALL CHANGE (RIGHT THEN LEFT). SIDE, TOGETHER, SIDE SHUFFLE

- 1-4            Tap right heel forward, touch right toe back, kick right forward - step right in place, step left together
- 5-8            Side step right, step left together, side step right - step left together, side step right
- 9-12          Touch left heel forward, touch left toe back, kick left forward - step left in place, step right together
- 13-16        Side step left, step right together, side step left - step right together, side step left

## ¼ TURN RIGHT, KICK, MOVING BACK: STEP BACK, KICK (X3)

- 17-20        Step ¼ turn right (on right), kick left forward, step back left, kick right forward
- 21-24        Step back right, kick left forward, step back left, kick right forward

Moving forward:

## WALK, WALK, SHUFFLE FORWARD. PIVOT ½ TURN RIGHT, SHUFFLE FORWARD

- 25-28        Walk forward right, left shuffle forward right - left, right
- 29-32        Step forward left into pivot ½ right taking weight onto right, shuffle forward left - right, left

**REPEAT**

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