

See The Day

COPPER **KNOB**
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Zandra Mangan (UK)
音乐: See the Day - Girls Aloud



2X COASTER STEPS

1-2-3 Step forward left, bring right next to left, step left in place
4-5-6 Step back right, bring left next to right, step right in place

STEP FORWARD LEFT, ½ TURN SWEEP, RIGHT HITCH, BACK COASTER STEP

1-2-3 Step forward left, sweep right out and round ½ turn left (facing back wall), hitch right knee
4-5-6 Step back right, bring left next to right, step forward right

STEP FORWARD LEFT, ¼ TURN LEFT POINT RIGHT, HITCH RIGHT, CROSS STEP, ½ TURN

1-2-3 Step forward onto left foot, ¼ turning left point right, hitch right knee
4-5-6 Cross step right over left, ¼ turn right stepping back left, ¼ turn right stepping side right

2X COASTER STEPS

1-2-3 Step forward left, bring right next to left, step left in place
4-5-6 Step back right, bring left next to right, step right in place

STEP LEFT, SLIDE RIGHT, FULL ROLLING VINE RIGHT

1-2-3 Long step left to left side, slide right in next to left - take no weight onto it
4-5-6 ¼ turn right stepping onto right, ½ turn right stepping back on left, ¼ turn right stepping right to right side

STEP LEFT, SLIDE RIGHT, ½ ROLLING VINE RIGHT

1-2-3 Long step left to left side, slide right in next to left - take no weight onto it
4-5-6 ¼ turn right stepping on right, ¼ turn right stepping left to left side, touch right to left

ROCK AND CROSS RIGHT THEN LEFT

1-2-3 Rock right to right side, recover weight onto left, cross right over
4-5-6 Rock left to left side, recover weight onto right, cross left over

STEP RIGHT, HITCH, CROSS, ½ TURN LEFT, STEP RIGHT

1-2-3 Step right to right side, hitch left knee, cross left over right
4-5-6 ¼ turn left stepping back on right, ¼ turn left stepping left to left side, step right next to left

REPEAT
