

See Jane Dance

拍数: 32 墙数: 4 级数: Improver
编舞者: BJ The DJ (UK)
音乐: See Jane Dance - Brooks & Dunn



HEEL BALL CROSS TWICE, ROCK, RECOVER, SAILOR ¼ TURN LEFT

1&2-3&4 Touch right heel diagonal, forward, step back on right, cross left over right, twice
5-6-7&8 Rock right to right side, recover on left, cross right behind left, step left ¼ turn left, step right forward

FORWARD STEPS WITH HOLDS, ROCK, RECOVER, COASTER STEP

1-2&3-4 Step left forward hold, step right behind left, step left forward, hold
&5-6 Step right behind left, rock left forward, recover on right
7&8 Step left back, close right to left, step left forward

HEEL SWITCHES WITH ¼ TURN LEFT TWICE

1&2&3-4 Touch right heel forward, close right to left, touch left heel forward, close left to right, step right forward ¼ turn left
5&6&7-8 Repeat all above

SHIMMY RIGHT, SHUFFLE LEFT, ROCK RECOVER

1-4 Take a long step right, slide left to right shimmying shoulders
5-8 Shuffle to left stepping left right left, rock back on right, recover on left

REPEAT
