

See Jane Dance

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Amanda Andrews (USA)
音乐: See Jane Dance - Brooks & Dunn



KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP

1-2 Kick right forward, kick right to right
3&4 Bring right a step back from left, bring left beside right, step right forward
5-6 Kick left forward, kick left to left
7&8 Bring left a step back from right, bring right beside left, step left forward

WALK FORWARD RIGHT, LEFT, RIGHT, HEEL TOUCH, WALK BACK LEFT, RIGHT, LEFT, STEP, CROSS

1-2-3 Walk forward right, left, right
4 Touch left heel forward
5-6-7 Walk backward left, right, left
&8 Step right backward, cross left in front of right

STEP, CROSS, STEP, CROSS, PADDLE FULL TURN

1&2 Step right to right, step left behind right, cross right over left
3&4 Step left to left, step right behind left, cross left over right
5&6&7&8 Paddle full turn to the left (keeping $\frac{3}{4}$ of your weight on the ball of right and pushing with right, touch right to right, turn $\frac{1}{4}$ to the left touch right to right, turn $\frac{1}{2}$ to the left touch right to right, turn $\frac{1}{4}$ to the left touch right to right)

SHUFFLE FORWARD, STEP, $\frac{1}{4}$ TURN, SHUFFLE FORWARD, STEP, PIVOT

1&2 Shuffle forward right, left, right
3-4 Step left forward, turn $\frac{1}{4}$ to the right
5&6 Shuffle forward left, right, left
7-8 Step right forward, pivot turn $\frac{1}{2}$ to the left

KICK BALL CHANGE, STOMP, STOMP, SAILOR STEP, SAILOR STEP

1&2 Kick right forward, step ball of right beside left, step left in place
3-4 Stomp right beside left, stomp left in place
5&6 Step right behind left, step left to left, step right in place
7&8 Step left behind right, step right to right, step left in place

HIP BUMPS

1&2 Bump right hip to right (right, left, right)
3&4 Bump left hip to left (left, right, left)
5-6-7-8 Bump hips (right, left, right, left)

REPEAT
