

Secret Waltz

拍数: 60 墙数: 2 级数: Improver
编舞者: Jan L'Argent (UK)
音乐: Flora's Secret - Enya



DIAGONAL WALTZES FORWARD X 4

- 1-2-3 Waltz forward diagonally left (to 11:00), stepping left, locking the right behind the left, small step forward left
4-5-6 Waltz forward diagonally right (to 1:00), stepping right, locking the left behind the right, small step forward right
7-12 Repeat steps 1-6

TRIPLE ½ TURNS TWICE, WALTZ BACK, WALTZ FORWARD

- 13-14-15 Turning left make ½ turn left stepping left, right, left
16-17-18 Turning left make ½ turn left stepping right, left, right
19-20-21 Waltz back left, right, left
22-23-24 Waltz forward right, left, right

TWINKLE STEPS TWICE, CROSS HITCH STEP, ROCK, RECOVER, STEP BACK

- 25-26-27 Cross left over right, step right to right side, step left in place
28-29-30 Cross right over left, step left to left side, step right in place
31-32-33 Cross left over right, ¼ turn left on left foot hitching right knee, step right forward
34-35-36 Rock forward on left, recover on right, step left back

WALTZ BACK, FULL TRIPLE TURN LEFT, WALTZ FORWARD, WALTZ BACK

- 37-38-39 Waltz back stepping right, left, right
40-41-42 Moving forward make a full triple turn left, stepping left, right, left
43-44-45 Waltz forward right, left, right
46-47-48 Waltz back left, right, left

SAILOR STEPS RIGHT & LEFT, WEAVE TO THE LEFT, SWEEP ¼ TURN LEFT (LIKE A JAZZ BOX)

- 49-50-51 Cross right behind left, step left in place, step right to right side
52-53-54 Cross left behind right, step right in place, step left to left side
55-56-57 Step right behind left, step left to left side, cross right over left
58-59-60 Making a ¼ turn left, sweep left foot over the right and step it down, step back onto the right and touch the left beside right

REPEAT