

# Secret

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Johanna Barnes (USA)  
音乐: Secret - Maroon 5



## PARTIAL WEST COAST SWING BASIC, LEFT ¼ LEFT, RIGHT ½ LEFT, SAILOR STEP

1-2            Step right forward, step left forward  
3&4           Step right back and slightly behind left, cross back left over right, step right back  
5-6           Step left and turn ¼ left, step right and turn ½ left  
7&8           Cross step left behind right, step and lightly press right, step left to left side

## QUICK CROSS, SIDE, DRAG, CROSS, WALKS, RIGHT RONDE, BACK, STEP, RIGHT ¼ RIGHT, LEFT STEP

&9-10        Cross step right behind left, step left to left side, drag right toward left  
&11-12       Step right next to/behind left (3rd position), step left forward and slightly across right, step right forward  
&13-14       Step left forward, sweep right to the left across left, step right across left  
15&16        Step left back, step right and turn ¼ right, step left forward

**Counts 4&5 feels like a mini run & hop, but stay low and grounded, with bent knee into rondé**

## PUSH CROSSES TWICE, SHOULDER TURNS, WIPE, RIGHT CROSS STEP

17&18        Lightly press/rock right to right side, recover weight left, step right across left  
19&20        Lightly press/rock left to left side, recover weight right, step left across right  
21-22        Right step right, turn shoulder toward 8:00, weight left, turn shoulder toward 4:00  
&a            Weight right and slightly bend knee, step left next to right with slightly angling body toward 4:00  
23            Press right and slide foot toward 9:00, releasing into air  
24            Step right across left, still angled toward 4:00

**Counts 1-4 allows for many variations including a 2 count lean & press right, and then left**

## LEFT BACK ¼ RIGHT, RIGHT BACK STEP, WEAWE, RIGHT WALK, LEFT ROCK & CROSS, RIGHT STEP, LEFT ½ LEFT

25-26        Step left back ¼ right, step right back  
27&28        Step left cross behind right, step right to right side, step left across right and forward  
29            Step right forward and across left  
30&31        Rock left to left side, recover weight to right, step left across right and forward  
32&           Step right forward, step left and turn ½ left

## REPEAT

## TAG

**Start the 5th wall (back at 12:00), then after 16 counts simply begin the dance again, now at 6:00**