

Second Hand News

拍数: 32 墙数: 4 级数:
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音乐: Second Hand News - The Barra MacNeils



STEP RIGHT, BEHIND, ROCK AND CROSS, STEP LEFT, BEHIND, STEP LEFT WITH ½ TURN LEFT, POINT RIGHT

1-2 Step right to right, step left behind right
3&4 Rock right to right, recover on left, step right across left
5-6 Step left to left, step right behind left
7&8 Step left to left, pivot ½ left on ball of left, touch right toe to right

CROSS BEHIND, POINT, CROSS FRONT, POINT, STEP BACK, HOOK, SHUFFLE FORWARD LEFT, RIGHT, LEFT

9-10 Step right across behind left, touch left toe to left
11-12 Step left across front of right, touch right toe to right
13-14 Step back on right, hook left foot in front of right shin
15&16 Shuffle forward, left, right, left

STEP FORWARD, TOUCH, &HEEL JACK, &TOE TOUCH, KICK, SAILOR SHUFFLE

17-18 Step forward right, touch left toe beside right instep
&19 Step on left, touch right heel forward on right diagonal
&20 Step right beside left, touch left toe beside right instep
&21-22 Step on left, touch right beside left instep, kick right forward on diagonal
23&24 Swing right behind left, step left to left, step right beside left

STEP ACROSS, KICK, SAILOR SHUFFLE WITH ¼ TURN LEFT, SLOW COASTER

25-26 Step left across right, kick right to right
27&28 Swing right behind left, step left to left, making ¼ turn left, step right beside left
29-30 Step back on left, step back on right
31-32 Step forward on left, touch right beside left

REPEAT
