

Second Chance

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hazel Pace (UK)
音乐: No One Hurts Me More Than Me - Chris Cummings



ROCK, RECOVER, BACK, HOLD, & BACK, BACK, RIGHT COASTER STEP

1-2 Rock forward on right, recover on left
3-4 Step back on right, hold
&5-6 Quickly step back on left, walk back on right, left
7&8 Step back on right, step left beside right, step forward on right

CROSS, HOLD, & CROSS SIDE, LEFT SAILOR STEP, BEHIND UNWIND ½ RIGHT

1-2 Cross left over right, hold
&3-4 Small step right, cross left over right, step right to right side
5&6 Step left behind right, step right to right side, step left in place
7-8 Cross right behind left, unwind ½ turn right (weight on right)

CROSS, SIDE, BEHIND SIDE CROSS, SIDE ROCK, RECOVER, CROSS, HOLD

1-2 Cross left over right, step right to right side
3&4 Step left behind right, step right to right side, cross left over right
5-6 Rock right to right side, recover on left
7-8 Cross right over left, hold

& CROSS SIDE, RIGHT SAILOR STEP ¼ TURN RIGHT, LEFT SHUFFLE, FULL LEFT TURN FORWARD

&1-2 Small step left side, cross right over left, step left to left side
3&4 Make ¼ turn right stepping right behind left, step left beside right, step forward on left
5&6 Step forward on left, step right beside left, step forward on left
7-8 Make ½ turn left stepping back on right, make ½ turn left, stepping forward on left

REPEAT
