

# Seattle Shuffle (P)

拍数: 40      墙数: 0      级数: Partner  
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音乐: Safe In the Arms of Love - Martina McBride



## Position: Sweetheart Position

### STEP, PIVOT, STEP, PIVOT, VINE RIGHT, SCUFF LEFT

- 1 Step out with right foot
- 2 Pivot  $\frac{1}{2}$  turn to left
- 3 Step out with right foot
- 4 Pivot  $\frac{1}{2}$  turn to left
- 5 Step right to the right
- 6 Step left behind right
- 7 Step right to the right
- 8 Scuff left next to right

### SHUFFLE LEFT, SHUFFLE RIGHT

- 9 Step forward on left
- & Step right slightly ahead of left
- 10 Step forward on left
- 11 Step forward on right
- & Step left slightly ahead of right
- 12 Step forward on right

### STEP, PIVOT, STEP, PIVOT, VINE LEFT, TOUCH RIGHT

- 13 Step out with left foot
- 14 Pivot  $\frac{1}{2}$  turn to right
- 15 Step out with left foot
- 16 Pivot  $\frac{1}{2}$  turn to right
- 17 Step left to the left
- 18 Step right behind left
- 19 Step left to the left
- 20 Touch right next to left

### WALK BACK, $\frac{1}{4}$ TURN RIGHT

- 21 Step back on right
- 22 Step back on left
- 23 Step back on right turning  $\frac{1}{4}$  right, facing outside LOD
- 24 Touch left next to right

### STEP, TURN LEFT, TOUCH RIGHT, PIVOT

(Drop left hands; man puts left hand to hat or behind back if no hat: woman puts left hand behind head or behind back)

- 25 Both step back on left turning  $\frac{1}{4}$  turn to face each other- woman to right-back LOD-man to left-face LOD
- 26 Touch right heel forward - man bows head to woman-woman bows head to man
- 27 Step forward on right  $\frac{1}{4}$  turn facing outside LOD - woman to left-man to right
- 28 Touch left near right

### MAN - VINE LEFT

- 29 Step Left to the Left

- 30 Step Right behind Left
- 31 Step Left turning  $\frac{1}{4}$  turn
- 32 Scuff Right next to Left

**LADY - LEFT 3-STEP TURN**

- 29 Step left turning  $\frac{1}{2}$  left
- 30 Step right turning  $\frac{1}{2}$  left
- 31 Step left turning  $\frac{1}{4}$  left
- 32 Scuff right next to left

**(Man and woman are turning to sweetheart position facing LOD)**

**Variation: both man and woman do left 3-step turn and end with  $\frac{1}{4}$  turn left (face LOD) with right scuff**

**SHUFFLE LEFT, SHUFFLE RIGHT**

- 33 Step forward on right
- & Step left slightly ahead of right
- 34 Step forward on right
- 35 Step forward on left
- & Step right slightly ahead of left
- 36 Step forward on left
- 37 Step forward on right
- & Step left slightly ahead of right
- 38 Step forward on right
- 39 Step forward on left
- & Step right slightly ahead of left
- 40 Step forward on left

**REPEAT**

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