

Search For The Hero

COPPER KNOB
BY STEPHEN

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Linda Brooks (UK)
音乐: Search for the Hero - M People



TAP RIGHT TOE ACROSS LEFT, SIDE KICK, SAILOR ½ TURN RIGHT, LEFT KICK BALL CHANGE, KICK LEFT, TURN ¼ LEFT

1-2 Tap right toe across left, swing kick right out to right side
3&4 Right sailor step turning ½ turn right
5&6 Left kick ball change
7&8 Kick left forward, swinging left foot back weight still on right turn ¼ left stepping left to left side

ACROSS MAMBOS RIGHT & LEFT, SAILORS RIGHT & LEFT

9&10 Rock right across left, rock back onto left, close right beside left
11&12 Rock left across right, rock back onto right, close left to right
13&14 Right sailor
15&16 Left sailor (steps 13-16 traveling slightly backwards)

STEP, PAUSE, TURN SHUFFLE, ROCK, TURN WALK TWICE

17-18 Step right forward, pause one beat
19&20 Turn ½ left stepping forward left, close right to left, step forward left
21-22 Rock forward right, rock back onto left
23-24 Turn ½ right stepping forward right, step forward left

HEEL SWITCHES, TOE SWIVEL, FULL TURN RIGHT SIDE SHUFFLE

25&26 Tap right heel forward, close right beside left, tap left heel forward
&27&28 Close left beside right, tap right toe forward, swivel heel to right, swivel heel back to center
29-30 Full turn to right stepping right then left
31&32 Right side shuffle

LEFT TO LEFT, RIGHT BEHIND, LEFT SHUFFLE ¼ TURN LEFT, ¾ PIVOT, LEFT SHUFFLE FORWARD

33-34 Step left to left side, cross right behind left
35&36 Left side shuffle making ¼ turn left
37-38 Step forward right, turn ¾ left keeping weight on right
39&40 Left forward shuffle

OUT OUT IN IN TWICE TRAVELING BACKWARDS, HEEL JACKS TWICE

&41&42 Step right slightly to right side, step left slightly to left side, step right into center, step left beside right
&43&44 Repeat steps &41 &42 (steps &41-&44 traveling backwards)
&45&46 Step back on right, tap left heel forward, replace left beside right, tap right toe beside left
&47&48 Repeat steps &45&46

¼ TURN RIGHT, PAUSE, STEP LEFT TO LEFT SIDE, POP KNEES, KNEE BALL CHANGES TWICE

49-50 Turn ¼ right stepping right to right side, pause one beat
51&52 Step left to left side, pop both knees forward lifting heels, lower heels
53&54 Lift right knee across left, replace ball of right beside left, change weight to left
55&56 Repeat steps 53&54 (steps 53-56 traveling slightly to left)

REPEAT