

Sea-Tac Stomp

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数:
编舞者: Skippy Blair (USA)
音乐: Let It Rock - Chuck Berry



FORWARD, CLAP -TOGETHER, FORWARD, CLAP, KICK BACK TOGETHER & HOOK SIDE FORWARD

- 1-2 Stomp left foot forward, clap hands
&3-4 Step back on ball of right foot, stomp left foot forward, clap hands
5&6 Kick right foot forward, step back on ball of right foot, step left foot in place
7&8 Cross right foot behind left, step left in place, step right in place
- 1-8 Repeat first 8 counts

SIDE CROSS, HOLD, STEP STEP, HEEL SWITCHES

- 1-3 Step left in place, cross right over left, hold
&4 Step on ball of left foot beside right foot, step left foot together

LEFT HEEL, RIGHT HEEL, LEFT HEEL, RIGHT HEEL

- 5 Touch left heel forward
&6 Step left foot beside right, touch right heel forward
&7 Step right foot beside left, touch left heel forward
&8 Step left beside right foot, touch right heel forward

STEP, CROSS, BALL-CHANGE

- 1-2 Step right foot to right, cross left over right, hold for 1 beat
&3 Step on ball of right foot beside left foot, step right foot together

LEFT HEEL, RIGHT HEEL, LEFT HEEL, RIGHT HEEL (TURNING ¼)

- 5 Touch right heel forward
&6 Step right foot beside left foot, touch left heel forward
&7 Step left foot beside right foot, touch right heel forward
&8 Step right foot beside left foot, touch left heel forward

REPEAT
