

编舞者: Kate Sala (UK)

音乐: Make You Dance - Chica



HEEL DIG, HITCH, BACK, SIDE SWITCHES, TURN ¾ LEFT, SWEEP, SAILOR STEP

1				forward						

3&4& Touch left to left side, step left next to right, touch right out to right side, step right next to left

5-6 Turn ¼ left stepping forward on left, turn ½ left stepping back on right

&7&8 Sweep left behind right, step left behind right, step right to right side, step left in place

FORWARD STEP, HEEL DIGS TWICE, BALL STEP, SWEEP ¼ TURN RIGHT, SWIVEL WITH KNEE DIPS, JUMP

1-2-3 Long step forward on right, dig left heel forward to left dia	diagonal twice
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&4 Step down on the ball of left, step forward on right

5-6 Sweep left round to left side pivoting \(\frac{1}{2} \) turn right on right, step left next to right

7-8 Swivel heels right bending knees to face left diagonal, take a small jump to the right keeping

feet together squaring up to 6:00 wall

RIGHT SIDE MAMBO, SIDE ROCK & KICK, SIDE ROCK & STEP, STEP, PIVOT ½ TURN LEFT

1&2	Rock on right out to right side, recover on to left, step right next to left

3&4 Side rock left on left, recover on to right, kick left across right

5&6 Side rock on left to left side, recover on to right, step forward on to left

7-8 Step forward on to right, pivot ½ turn left

TRIPLE FULL TURN & ¼ LEFT, WEAVE RIGHT, CROSS, FULL UNWIND RIGHT, KICK, JUMP APART, ELBOW JAB

1&2 Turn ½ left stepping back on right, turn ½ left stepping forward on left, turn ¼ left stepping

right to right side

3&4 Cross step left behind right, step right to right side, cross step left over right

5-6 Full unwind right, kick right forward to right diagonal

&7 Jump feet apart on right, left

8 With right arm bent and a clenched fist chest height and right elbow pointing out to right side,

quickly jab right elbow to right side

REPEAT