Scooter's Shuffle

级数: Improver

编舞者: Joanne Brady (USA)

音乐: No Options Here - Scooter Lee

BACKWARD SAILOR STEPS

拍数: 48

- Step back-left behind left leg with right foot 1
- & Step to left side with ball of left foot
- 2 Step slightly to right side with right foot
- 3 Step back-right behind right leg with left foot
- & Step to right side with ball of right foot
- 4 Step slightly to left side with left foot
- 5 Step back-left behind left leg with right foot
- & Step to left side with ball of left foot
- 6 Step slightly to right side with right foot
- 7 Step back-right behind right leg with left foot
- & Step to right side with ball of right foot
- 8 Step slightly to left side with left foot

SHUFFLE FORWARD WITH FINGER SNAPS

- 9& Step forward with right foot; step together with left foot
- 10 Step forward with right foot/snap fingers
- 11& Step forward with left foot; step together with right foot
- 12 Step forward with left foot/snap fingers
- 13& Step forward with right foot; step together with left foot
- 14 Step forward with right foot/snap fingers
- 15& Step forward with left foot; step together with right foot
- 16 Step forward with left foot/snap fingers

RIGHT GRAPEVINE WITH A CHAMBER STEP

- 17 Step to right side with right foot
- 18 Step across behind right leg with left foot
- 19 Step to right side with right foot while turning 1/8 turn left. Bend left knee and lift left heel
- 20 Pivot 1/8 turn left on ball of right foot, touch left heel forward

LEFT GRAPEVINE WITH A CHAMBER STEP

- 21 Step to left side with left foot
- 22 Step across behind left leg with right foot
- 23 Step to left side with left foot while turning 1/8 turn right. Bend right knee and lift right heel
- 24 Pivot 1/8 turn right on ball of left foot, touch right heel forward

SHUFFLE BACKWARDS WITH FINGER SNAPS

- 25& Step back with right foot; step together with left foot
- 26 Step back with right foot/snap fingers
- 27& Step back with left foot; step together with right foot
- 28 Step back with left foot/snap fingers
- 29& Step back with right foot; step together with left foot
- 30 Step back with right foot/snap fingers
- 31& Step back with left foot; step together with right foot
- 32 Step back with left foot/snap fingers





墙数:4

ROCK BACK-FORWARD-FORWARD-BACK

- 33-34 Step back with right foot; rock forward onto left foot
- 35-36 Step forward with right foot; rock back onto left foot

STOMP RIGHT, STOMP LEFT, HEEL SPLITS

- 37-38 Stomp right foot next to left foot; stomp left foot next to right foot
- 39-40 Split heels apart; close heels together

TWO RIGHT KICK-BALL-CHANGES

- 41& Kick right foot forward; step in place with ball of right foot
- 42 Step in place with left foot
- 43& Kick right foot forward; step in place with ball of right foot
- 44 Step in place with left foot

TOUCH, ¼ TURN, RIGHT KICK-BALL-CHANGE

- 45-46 Touch right toe forward; pivot ¼ turn left on ball of left foot
- 47 Kick right foot forward
- & Step in place with ball of right foot
- 48 Step in place with left foot

REPEAT