

Scarecrow

拍数: 38 墙数: 4 级数: Intermediate/Advanced
编舞者: Charles Thornhill (UK)
音乐: A Change Would Do You Good - Sheryl Crow



This is a harder version of my beginner/intermediate dance called "Heart Full Of Soul"

SYNCOPATED STEPS RIGHT & LEFT & RIGHT, "BUTTERFLY" TURN

1 Touch right out to right
& Step right next to left
2 Touch left out to left
& Step left next to right
3 Touch right out to right
& Step right next to left
4 Step left next to right (weight now on left)
5 Touch right out to right side and push off right
& Make 1/8 turn to left
6 Touch right out to right side and push off right making
& 1/8 turn to left shifting weight onto left
7 Touch right out to right side and push off right making
& 1/8 turn to left shifting weight onto left
8 Touch right out to right side and push off right making
& 1/8 turn to left shifting weight onto left

Now completed full 1/2 turn

GRAPEVINE RIGHT & LEFT

9 Step right to right
10 Step left behind right
11 Step right to right
12 Touch left next to right
13 Step left to left
14 Step right behind left
15 Step left to left
16 Touch right next to left

"HOT-COALS" STEPS, STOMP & HOLD

& Step forward on ball of right
17 Step ball of left next to right
& Step backward on ball of right
18 Step ball of left next to right
& Step forward on ball of right
19 Step ball of left next to right
& Step backward on ball of right
20 Step ball of left next to right
21 Stomp right forward (arms extended)
22-24 Hold

GRAPEVINE LEFT & RIGHT

25 Step left to left
26 Step right behind left
27 Step left to left

- 28 Touch right next to left
- 29 Step right to right
- 30 Step left behind right
- 31 Step right to right
- 32 Step left to left and distribute weight onto both feet

"OIL-SLICK" STEPS, JUMP-TURN, HOLD

- 33 Slide right forward and left backwards
- 34 Slide left forward and right backwards
- 35 Slide right forward and left backwards
- 36 Slide left forward and right backwards
- 37 Jump both feet together with $\frac{1}{4}$ turn to right
- 38 Hold (weight placed on left)

REPEAT

Oil-slick steps are best done on slippery-floors as the feet are not intended to be raised off the floor during the sliding. If you cannot slide easily try these steps:

- 33 Hitch left and scooting forward on right
 - & Set left down and transfer weight
 - 34 Hitch right and scooting backward on left
 - & Set right down and transfer weight
 - 35 Hitch left and scooting forward on right
 - & Set left down and transfer weight
 - 36 Hitch right and scooting backward on left
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