

# Say No!

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍数: 32      墙数: 4      级数: Improver  
编舞者: Nancy Morgan (USA)  
音乐: I'm Not In the Mood (To Say No)! - Shania Twain



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## **SIDE AND CROSS, SIDE AND CROSS, ROCK FORWARD AND BACK AND, STEP, HOOK ½ TURN**

1&2      Step right to right side, step left slightly forward, cross right over left and slightly forward  
3&4      Step left to left side, step right slightly forward, cross left over right and slightly forward  
5&6&      Rock step forward on right and back on left, rock step back on right and forward on left  
7-8      Step forward on right, hook left over right as you turn ½ turn to your left (weight is on right)

## **SHUFFLE FORWARD, CROSS ROCK FORWARD AND SIDE AND CROSS SHUFFLE, TOUCH FLICK ¼ TURN**

1&2      Shuffle forward left, right, left  
3&4&      Cross rock right foot forward and back on left, cross side rock right to right side and shift weight back on left  
5&6      Cross shuffle to left - right, left, right  
7-8      Touch left to left side, flick left foot behind as you turn ½ turn to right (weight is on right)

## **STEP FORWARD, HEEL TOUCH FORWARD, STEP, TOUCH, STEP, HEEL, STEP, BRUSH CROSS STEP, COASTER STEP**

1-2      Step forward on left, tap right heel forward  
&3&4      Step on right, touch left next to instep of right, step back on left, tap right heel forward  
&5-6      Step on right, brush left foot forward, cross step left over right  
7&8      Coaster step - step back n right, back on left, forward on right

## **SIDE SHUFFLE, CROSS ROCK, STEP, TOUCH ¼ TURN, UNWIND ¼ TURN, STEP, PIVOT ½ TURN**

1&2      Side shuffle left - left, right, left  
3&4      Cross rock foot forward and set foot to right side shoulder width apart (weight is on right)  
5-6      As you turn ¼ turn to your left, touch toe back, unwind ¼ turn to your left (weight is on left)  
7-8      Step forward on right, pivot ½ turn to your left (weight is on left)

**REPEAT**

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