Say It Isn't So



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Mark Cook (UK)

音乐: Say It Isn't So - Michelle McManus



SIDE STEP SHUFFLE BACK, SIDE STEP SHUFFLE FORWARD

1-2	Step left to left side, cross right over left
3&4	Shuffle back on left, stepping left, right, left
5-6	Step right to right side, bring left up to right
7&8	Shuffle forward on right, stepping right, left, right

ROCK 1/4 TURN LEFT, CROSS 1/4 TURN RIGHT, STEP AND JAZZ, CROSS ROCK

9&10 Rock forward on left, recover weight on to right, step back on left as you make a ¼ turn left.

(now facing 9:00)

11&12 Cross right over left, step left to left side as you make ¼ turn right. Step back on right. (now

facing 12:00)

&13 Touch left next to right, step forward on left

14&15 Cross right over left, step back on left, step right to right side

16& Cross rock left over right, recover weight on to right

1/4 TURN, 1/2 TURN, COASTER STEP, SHUFFLE FORWARD, SIDE ROCK AND CROSS

17-18 Step left to left side making ¼ turn left, (now facing 9:00), make ½ turn left as you step back

on right, (now facing 3:00)

19&20 Step back on left, step right next to left, step forward on left

21&22 Shuffle forward on right, stepping right, left, right

23&24 Side rock left to left side, recover weight to right, cross left over right

SIDE ROCK CROSS BEHIND, SIDE ROCK CROSS, VINE, CROSS ROCK, FULL TURN LEFT

Side rock right to right side, recover weight to left, cross right behind left Side rock left to left side, recover weight to right, cross left over right

Step right to right side, step left behind rightStep right to right side, cross left over right

&31-32 Recover weight to right, step left to left side making ½ turn left (now facing 9:00), step right to

right side making ½ turn left, (now facing 3:00)

On counts 31-32 you are making a full turn over your left shoulder moving to the left

REPEAT

RESTART

There are two restarts; these are on the 4th wall, and the 8th wall. At the start of these walls you only do the first 12 counts, and on count 12 you make a ½ turn instead of a ¼ turn. This will bring you back to the front wall to start the dance again