

# Say It

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
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音乐: Say It Right - Nelly Furtado



## STEP OUT KNEES IN AND OUT (ARM MOVEMENTS), DRAG LEG, TOUCH BALL CHANGE, WALK, WALK, ROLL KNEE, LOOK BACK

1                    Step right foot out to right  
**While doing this bend right knee in**  
&                    Bend right knee out  
2                    Straighten right knee  
3                    Drag right foot to left foot  
4                    Touch right foot next to left foot  
&                    Put weight on right foot  
5                    Step left foot forward  
6                    Step right foot forward  
7                    Step left foot forward  
&                    Right knee roll out to right  
8                    Look back over right shoulder

### Arm movements first 2 counts:

1                    Twist upper body slightly to left, right arm up and left arm down, in front of the body  
&                    Put right arm down, left arm up  
2                    Put right arm up, left arm down

## HOLD, TURN ¼ RIGHT, CROSS, TURN ¼ RIGHT WALK, WALK, SKATE SWIVELS, AND OUT, HOLD

1                    Hold  
&                    Put weight on right foot  
2                    Turn ¼ over right and cross left foot over right foot  
3                    Turn ¼ over right and step right foot forward  
4                    Step left foot forward  
5                    Swivel to right on right foot  
6                    Swivel to left on left foot  
7                    Step right foot out to right  
&                    Step left foot out to left  
8                    Hold

## SHOULDER POPS, ½ TURN HEEL RONDE, SAILOR STEP, JUMP, KICK, SAILOR STEP

1                    Pop left shoulder to left  
&                    Pop shoulder to right  
2                    Pop left shoulder to left  
&                    Turn ½ over right  
**While doing this make ronde with right and keep right heel on the floor**  
3                    Step right foot backwards  
&                    Step left foot next to right foot  
4                    Step right foot forward  
5                    Jump forward on left foot  
6                    Jump backwards on left foot  
**While doing this kick right foot forward**  
7                    Step right foot backwards  
&                    Step left foot next to right foot  
8                    Step right foot forward

**WALK, ¼ TURN, TOE IN, HEEL OUT, POSE, ¼ TURN, ½ TURN**

- 1 Step left foot forward
- 2 Turn ¼ over left and touch right toe next to left foot
- & Touch right heel out
- 3 Touch right toe next to left foot
- & Step right foot to right
- 4 Touch left toe to left and put both arms to left
- 5 Turn ¼ over left
- 6 Step right foot forward
- 7 Turn ½ over left
- 8 Touch right foot next to left foot

**REPEAT**

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