

Say It

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Minna Liljamo (FIN)
音乐: I Wanna Hear You Say It - Michael Bolton



DIAGONAL STEPS, ROCK STEP, TURNING SHUFFLE

- 1-2& Long step right diagonally forward, step left behind right, step right side (right-left-right)
3-4& Long step left diagonally forward, step right behind left, step left forward turning ¼ left (left-right-left)
5-6 Rock right forward, recover weight on left (right-left)
7&8 Shuffle back right-left-right turning ½ right (right-left-right)

ROCK STEP, TURNS, ROCK STEP, SIDE SHUFFLE

- 1-2 Rock left forward, recover weight on right (left-right)
3 Turn ½ left and step left forward (left)
4 Turn ¼ left and step right side (right)
5-6 Rock left behind right, recover weight on right (left-right)
7&8 Shuffle left side left-right-left

ROCK STEP, TURNING SHUFFLE, PIVOT TURN, SHUFFLE (WITH FULL TURN)

- 1-2 Rock right forward, recover weight on left (right-left)
3&4 Shuffle back right-left-right turning ½ right (right-left-right)
5-6 Step left forward, pivot ½ turn right (left-right)
7&8 Shuffle forward left-right-left (optionally turning full turn right)(left-right-left)

SKATES, ROCK STEP, ¼ TURN, CROSSING SHUFFLE

- 1-2 Skate forward with right ball, press heel down (right)
3-4 Skate forward with left ball, press heel down (left)
5&6 Rock right forward, recover weight on left, turn ¼ right and step right side (right-left-right)
7&8 Step left across right, step right side, step left across right (left-right-left)

REPEAT
