

Say Aiiiii!

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate hip hop
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音乐: Say I (feat. Young Jeezy) - Christina Milian



WALK, WALK, TWIRL LEFT HAND, POINT, BALL CROSS, UNWIND FULL TURN, SIDE, DRAG

- 1-2 Step left forward pointing left index finger to left, step right forward pointing left index finger to left
3-4 Step left together & roll left fist to the left 2 times at left waist, point right index finger to right
&5-6 Step right ball to right, cross left over right, unwind full turn to right
7-8 Step right to side, drag in left toe

BALL CROSS, UNWIND ½ TURN WITH BOUNCE, SYNCOPATED WEAVE, ANKLE BREAKER

- &1-4 Step left ball to left, cross right over left, slow unwind to ½ turn left over 3 bounces with shoulder shrugs
&5&6 Step left ball to left, cross right over left, step left ball to left, cross right behind left
7&8 With feet crossed, hip bump right, hip bump left, bump right hip back

WALK, WALK, SQUAT, STAND, TOE TOUCHES, FULL PIROUETTE RIGHT

- 1 Step left forward with both hands sweeping around overhead
2 Step right forward with both hands sweeping around in front of chest
3 Step left to left and squat with both fists sweeping down then up, ending in front of chest
4 Jump ending with feet together, both fists down to sides
5&6 Left toe points out-in-out
7-8 Still standing on right, turn right a full turn over 2 counts, bringing left foot next to right calf

SWITCH & KICK, PRESS, SYNCOPATED KNEE POPS, TWIRL HANDS & CLAP

- &1-2 Step left down, kick right foot across left sweeping right hand from up to down, press right foot to right
3&4 Pop right knee in-out-in with right hand following the knee (weight on right)
5&6 Pop left knee in-out-in with left hand following the knee (weight in center)
7&8 Twirl both fists 2 times at waist level (7&), jump ending with feet together and clap hands behind back

ROLLING VINE TURNING 1¼ LEFT, ½ TURN RIGHT INTO BODY ROLLS FORWARD

- 1-2 ¼ turn to left step left forward, ½ turn to left step right back
3-4 ½ turn to left step left to side, touch right toe next to left
5-6 ½ turn to right, step right forward, step left next to right (body roll forward over 2 counts)
7-8 Step right forward, step left next to right (body roll forward over 2 counts)

ROCK STEPS BACK WITH CHEST PUMPS

- 1&2 Rock right behind left, rock forward onto left, rock back onto right
3&4 Rock left behind right, rock forward onto right, rock back onto left
5&6 Rock right behind left, rock forward onto left, rock back onto right
7&8 Rock left behind right, rock forward onto right, step left next to right

Bring both arms up, bending at elbows, do chest pumps over the 8 counts

HEEL TOE SWIVELS LEFT, LUNGE, CHEST PUMPS, BALL CROSS, UNWIND ½ TURN

- 1&2&3&4& Twist both heels to right, twist both toes to right, repeat 3 more times
5&6 Lunge right diagonal forward, pump chest forward, contract chest, pump chest forward
&7-8 Step left ball to center, cross right over left, unwind ½ turn to left

MOONWALKS FORWARD WITH ¼ TURNS TO RIGHT

- 1-2 Press left toe forward & lower heel, roll right knee out with ¼ turn right & lower heel
- 3&4 Repeat 1-2 for counts 3&, on count 4 drag left toe next to right
- 5-8 Repeat 1-4

REPEAT
