

Saving Grace

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Paulette Hylands (UK) & Shaz Walton (UK)
音乐: Saving Grace - Sixwire



SIDE, CROSS, ROCK, SIDE SHUFFLE, ROCK BACK RECOVER, SHUFFLE ½ TURN LEFT

1-2-3 Step right to right side, cross rock left over right, recover weight onto right
4&5 Step left to left, step right beside left, step left to left side
6-7 Cross rock right behind left, recover weight onto right
8&1 Shuffle ½ turn left - stepping right - left - right

SWEEP, CROSS, SIDE CROSS SIDE, ROCK FORWARD, RECOVER, ½ TURN LEFT, POINT

2-3 Sweep left around & behind right, step left behind right
4&5 Step right to right side, cross step left behind right, step right to right
6-7 Rock forward on left, recover onto right
8&1 Make ½ turn left stepping forward on left, step right beside left, point left to left side

STEP, TOUCH, SIDE SHUFFLE, SKATE, SKATE, SHUFFLE ¼ TURN

2-3 Step left foot forward, touch right beside left
4&5 Step right to right side, step left beside right, step right to right side
6-7 Skate left foot diagonally forward, skate right foot diagonally forward
8&1 Step left ¼ turn left, step right beside left, step left foot forward

¾ TURN LEFT, COASTER STEP, STEP, SLIDE, ROCK AND POINT

2-3 Make ¼ left stepping right to right side, make ½ turn left stepping left to left side
4&5 Step back on right, place left beside right, step forward on right
6-7 Step forward on left, slide right beside left (weight on left)
8&1 Rock back on right, recover weight on left, point right to right side

CROSS FULL UNWIND, SWEEP, BEHIND, SIDE CROSS, SWAY RIGHT & LEFT, BALL CHANGE, POINT

2-3 Cross right over left, unwind a full turn left (weight on right)
4&5 Sweep & cross left behind right, step right to right side, cross left over right
6-7 Step right to right & sway hips right & then left
8&1 Rock back on right, recover on left, point right to right side

CROSS ROCK, 1 ¼ TURN RIGHT, ROCK RECOVER, STEP, TOUCH

2-3 Cross rock right over left, recover weight on left
4&5 Make a 1¼ shuffle turn right stepping right-left-right

Alternatively, make a ¼ shuffle turn right

6-7 Cross rock left over right, recover on right
8& Step left beside right, touch right beside left angle right knee in towards left, bend knees slightly

REPEAT

Dance ends on last count of section 1

OPTIONAL ENDING:

SIDE, CROSS, ROCK, SIDE SHUFFLE, ROCK BACK RECOVER, SHUFFLE ½ TURN LEFT, WITH ADDITION HALF SWIVEL

1-2-3 Step right to right side, cross rock left over right, recover weight onto right
4&5 Step left to left, step right beside left, step left to left side
6-7 Cross rock right behind left, recover weight onto right

8&1

Shuffle $\frac{1}{2}$ turn left - stepping right - left - right (turn extra $\frac{1}{2}$ turn on last part of shuffle - swivel left an extra half turn on weight of right foot, thus ending with your right leg crossed over your right)
